## St. Ann's College for Women

(Autonomous)

(Affiliated to Osmania University)

Accredited by NAAC with 'A+' Grade College with Potential for Excellence by UGC Mehdipatnam, Hyderabad- 500028

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Centre for Women's Studies (UGC) 2023-2024

#### CHAPTER 1

#### **General Information & Objectives**

#### 1.1 General Information:

**1.1.1 University**: Osmania University

1.1.2 Centre: Centre for Women Studies, St. Ann's College for Women, NAAC Re-accredited

'A' Grade and College with Potential for Excellence by UGC, Mehdipatnam, Hyderabad

**1.1.3 Date of establishment:** 13/7/2009

1.1.4 Director: Ms. Popy Devi Nath

**1.1.5 Phase assigned:** 1<sup>st</sup> Phase

#### 1.2 Objectives:

Women cell was established in 1991 with one motto "To strive, to seek but not to yield'. It has evolved over the years to Centre for Women's Studies in 2009 supported by UGC. A holistic approach to gender studies is envisaged. It encourages women's academic development and empowerment. Centre for Women's Studies offers CCA course on NGO Management, AECC on Gender Sensitization. The centre has collaborated with various government and non-government agencies and institutions in its bid to create and further the awareness on various topics of interest to women such as safety, entrepreneurship, skill development, legal awareness, personality development, and contemporary gender studies issues. Apart from academic and research activities, the centre has engaged in socially responsible outreach activities as well.

#### **CHAPTER 2**

#### Activities 2023-24

One Day National Seminar on Empowering Women: Exploring Historical Evolution and Economic Implications of Gender Equality Sponsored by Telangana State Council of Higher Education on 14th March, 2024 organised by Department of Social Sciences and Centre for Women's Studies.

#### 1. INTRODUCTION

#### a. Note of the subject matter of the Conference:

The seminar, "Empowering Women: Exploring Historical Evolution and Economic Implications of Gender Equality" aims to analyse the historical and social aspects of gender equality. It seeks to raise awareness, inspire action, and fostering women's empowerment. Through engaging discussions, it aims to develop actionable strategies for achieving gender equality. It creates a platform for policy makers, NGO workers that will include influencing and suggesting recommendations to the National governments on issues and challenges related to women migration.

#### b. Sub themes

Historical Foundations of Gender Equality

Industrialization and Women's Labor: Challenges and Opportunities

Economic Policies and Their Effects on Gender Equality in Modern Times

Women in Leadership Positions: Historical Perspectives and Contemporary Trends

#### c. About College

St. Ann's College for Women (Autonomous) affiliated to Osmania University was started in the year 1983. The college was accredited by NAAC in the year 2018 and was awarded A+ grade in the 3rd cycle. The college with 3000 students is now at the forefront of providing quality education for women with the vision of academic excellence, skill enhancement and value enrichment. The academic, social and spiritual elements of St. Ann's College combine to offer the students many windows of opportunity.

#### d. About Department of Social Sciences

The Department of Social Sciences, established in 1983, encompasses Department of Economics, Political Science, History, Psychology, Journalism and Public Administration. With 7 programs, it

conducts seminars, conferences, student activities, community development initiatives, and foreign

exchange programs, fostering notable alumni.

e. About Centre for Women's Studies

Women cell was established in 1991 with one motto "To strive, to seek but not to yield". It has evolved

over the years to the Centre for Women's Studies in 2009 supported by UGC. with the goal of

empowering women to realize their full potential.

f. About TSCHE

The Telangana State Council of Higher Education (TSCHE) facilitates coordination between UGC,

state government, and universities, ensuring standards compliance and advising on academic matters.

g. Methodology:

Panel Discussion, Guest Speakers lecture, Prelinary Session

h. Target group: Staff, Research Scholars, Academicians, Auxiliary Staff, Students from different

colleges and universities

i. Total Number of participants: 378

2. PROCEEDINGS

**INAUGURATION** 

Time: 09:30-11:30

Venue- St. Joseph Auditorium, St. Ann's College for Women

Centre for Women's Studies and Department of Social Sciences, St. Ann's College for Women,

Mehdipatnam, Hyderabad organized One-Day National Seminar on Empowering Women-Exploring the

Historical Evolution and Economic Implications of Gender Equality& Shreyasi Award Ceremony on

14th March, 2024 sponsored by TSCHE. Ms. Payal, Faculty, Dept of Pol. Science, organizing

committee member welcomed each one of them to One days Conference.

The inaugural session of the seminar began with a Prayer Song and Welcome Dance.

3



The seminar commenced with a traditional and auspicious "Lighting of the Lamp" ceremony, symbolizing the illumination of knowledge, wisdom, and enlightenment. Dignitaries of the conference, including esteemed guests, speakers, and organizers, participated in this ceremonial event. 'Lighting of Lamp' by dignitaries of the conference:

- Dr. Sr. A. Vijaya Rani, Principal, St. Ann's College for Women
- Prof. S. K. Mahamood, Vice Chairman, Telangana State Council of Higher Education (TSCHE)
- Rev. Mother Anthonamma P, Superior General, Congregation of Sisters of St. Anne (CSSA),
   Alumni of St. Ann's College for Women
- Dr. N. Anita Evangelin, Additional Director, Telangana State Forensic Science Laboratory, Hyderabad
- Dr. V. Samujwala, Joint Director, Tribal Cultural Research & Training Institute, Tribal Welfare Department, Telangana

- Prof Alivelu Kasturi, Dean, Division for Graduate Studies, Centre for Economic and Social Studies (Planning Dept, Govt. of Telangana & ICSSR - Ministry of Education, Govt. of India), Hyderabad
- Kishan Kumar, Assistant Commissioner of Police, Hyderabad
- Prof. T. Koti Reddy, Dean, School of Social Sciences, Head, Department of Economics, ICFAI Business School, Hyderabad.
- Prof. B. Sudhakar Reddy, Honorary Director, ICSSR SRC, Hyderabad;
- Dr Smita Asthana, Dean &IQAC Coordinator, St. Ann's College for Women;
- Dr. Meena Patangay, Dean, St. Ann's College for Women;
- Ms. Suneetha, Head, Dept of Economics, St. Ann's College for Women;
- Ms. Popy Devi Nath, Director CWS, St. Ann's College for Women



Dr. Sr. A. Vijaya Rani, the Principal of St. Ann's College for Women, extended a gracious welcome to all attendees, emphasizing the significance of the seminar in advancing the cause of women's empowerment. She has also welcomed the dignitaries and presented with Green Greetings, a Memento.



Dr. Sr. A. Vijaya Rani, Principal of St. Ann's College for Women

**Ms. E. Suneetha**, the Head of the Department of Economics and Seminar Convener, presented the genesis of the seminar.



#### **Chief Guest Address**

The Chief Guest, Prof. S. K. Mahamood, Vice Chairman of Telangana State Council of Higher Education (TSCHE), delivered an insightful address, underscoring the pivotal role of educationin empowering women and fostering societal progress. He highlighted the importance of creating inclusive educational environments that enable women to realize their full potential.



Prof. S. K. Mahamood, Vice Chairman of Telangana State Council of Higher Education (TSCHE)

**Keynote Speaker Address:** Prof. Alivelu Kasturi, Dean of Division for Graduate Studies, delivered a thought-provoking keynote address, tracing the historical evolution of gender equality and its profound

economic implications. She underscored the imperative of recognizing and harnessing women's talents and contributions across all spheres of society.



Prof. Alivelu Kasturi, Dean of Division for Graduate Studies, CESS

Guest of Honour Address: Dr. V. Samujwala, Joint Director of Tribal Cultural Research & Training Institute, shed light on the intersection of gender inequality and tribal welfare, emphasizing the need for targeted interventions to address the unique challenges faced by tribal women. She elaborated on recent initiatives, such as the CMST scheme for ST students, aimed at enhancing educational opportunities and socio-economic empowerment among tribal communities.



Dr. V. Samujwala, Joint Director of Tribal Cultural Research & Training Institute, Govt. of India Felicitation of Shreyasi Award

The Preamble of the Shreyasi Award was administered by Dr. Smita Asthana, IQAC coordinator. Every year on the occasion of International Women's Day, we felicitate women achievers from various fields by honoring with "Shreyasi Award" – one for the alumni of our college and another in an open category. In this regard, the college authorities have awarded Shreyasi Award to the following achievers in acknowledgement of their hard work and achievements.

This year, Shreyasi awardees are:

Rev. Mother Anthonamma P, Superior General, Congregation of Sisters of St. Anne (CSSA), Alumni of St. Ann's College for Women.

Dr. N. Anita Evangelin, Additional Director, Telangana State Forensic Science Laboratory, Hyderabad



Rev. Mother Anthonamma P, Superior General, Congregation of Sisters of St. Anne (CSSA),
Alumni of St. Ann's College for Women.



Dr. N. Anita Evangelin, Additional Director, Telangana State Forensic Science Laboratory, Hyderabad

Address by Special Guest Rev. Mother Anthonamma P, Superior General, Congregation of Sisters of St. Anne (CSSA), Alumni of St. Ann's College for Women. She said that in the early days, it was very difficult for women. Since it is a patriarchal based society, women are considered not in par with men. For women to come out of their homes and work is difficult. She also mentioned how women need to keep themselves abreast with the changes and should be focused with determination and dedication towards their goals.



**Address by** Dr. N. Anita Evangelin, Additional Director, Telangana State Forensic Science Laboratory, Hyderabad

Dr. N. Anita Evangelin has highlighted on women entrepreneurship and the availability of best trainers to develop women's skills in entrepreneurship. She further spoke about her accomplishments in the field of entrepreneurship and on the development of research over time.



The session with poignant remarks from ACP Kishan Kumar, who underscored the pivotal role of women in nurturing future generations and shaping societal values. His reflection, "Mother is the first guru," encapsulated the profound influence of maternal guidance and wisdom in fostering personal and societal growth.



Special Invitees Prof. T. Koti Reddy, Dean, School of Social Sciences, Head, Department of Economics, ICFAI Business School, Hyderabadaddressed the topic of "Empowering Women: Exploring Historical Evolution and Economic Implications of Gender Equality" during the seminar. He discussed the significance of economic policies in shaping gender equality in contemporary society. Prof. Reddy highlighted how modern economic policies can either reinforce or challenge existing gender disparities, impacting women's participation in the workforce, access to resources, and economic empowerment. By examining the historical evolution of economic policies and their implications for gender equality, he underscored the importance of adopting inclusive and gender-responsive approaches to economic development.







A melody of admiration sung by students, dedicated to the accomplished Shreyasi Award awardee, celebrating her remarkable achievements and inspiring journey.



Ms. Popy Devi Nath, Director, Centre for Women's Studies, Convener, Seminar presented vote of thanks. She thanked the delegates for making the conference meaningful.





The inauguration was concluded with National Anthem.

#### **Plenary Session (11:30 AM - 12:30 PM)**

The plenary session, themed "Women's Rights in the Digital Age," provided a platform for in-depth discussions on contemporary challenges and opportunities facing women in the digital realm.

The session on women's safety and rights for auxiliary staff aimed to enhance awareness and understanding of key issues pertaining to the safety and rights of women. Through interactive discussions and engagement with experts, participants were empowered with knowledge and strategies to create safer environments and promote gender equality within their respective roles.

The session commenced with opening remarks from the facilitators, emphasizing the importance of prioritizing women's safety and rights in all aspects of work and community life. G Umesh Babu, ASI provided insights into the legal frameworks and procedures related to women's safety, highlighting the role of law enforcement agencies in ensuring justice and protection for victims of gender-based violence.

Mary Augustine, Central Head of Bharosa, shared practical strategies and resources available for supporting survivors of abuse and violence. Drawing from her extensive experience, she underscored the importance of empathy, confidentiality, and non-judgmental support in facilitating the recovery and empowerment of survivors.

The SHE Team representatives led interactive discussions on identifying and addressing common safety concerns faced by women in various settings, including workplaces, public spaces, and homes. Through case studies and role-playing exercises, participants were encouraged to explore proactive measures for preventing harassment, discrimination, and other forms of violence against women.

Participants gained a better understanding of the legal rights and procedures available to women in cases of harassment, assault, and domestic violence. They were equipped with knowledge of how to access support services and report incidents to the appropriate authorities.

The session provided valuable insights into the range of support services and resources available for survivors of gender-based violence, including counselling, legal aid, and emergency shelters Participants were encouraged to disseminate this information within their networks to ensure broader access to support.

Through interactive discussions and scenario-based activities, participants developed a heightened awareness of safety risks and vulnerabilities faced by women in different contexts. They explored practical strategies for mitigating these risks and promoting a culture of safety and respect.

By engaging with experts and sharing experiences, participants felt empowered to take proactive steps towards creating safer and more inclusive environments for women. They recognized the importance of ongoing education and advocacy in challenging gender-based stereotypes and norms.

The session on women's safety and rights for auxiliary staff proved to be a valuable platform for learning, reflection, and collaboration. Participants emerged with renewed commitment and confidence in their ability to contribute to positive change within their workplaces and communities. Moving forward, it is essential to sustain momentum through continued education, training, and advocacy efforts to ensure lasting impact in the promotion of gender equality and women's empowerment. Mrs. Sunanda Ravi, a Mindfulness Expert, explored the psychological dimensions of digital empowerment, advocating for mindfulness practices to promote mental well-being among women navigating digital spaces.

The interactive session facilitated dialogue and exchange of ideas among attendees, fostering greater awareness and resilience in addressing digital inequalities and vulnerabilities faced by women.





Panel Discussion (1:30 - 3:00 PM):

The panel discussion, titled "Women's Leadership: Securing Safety, Rights, and Empowerment,' featured distinguished panellists representing diverse perspectives and expertise in the field of gender equality and women's empowerment.

Prof. T. Koti Reddy, Dean of the School of Social Sciences and Head of the Department of Economics a ICFAI Business School, Hyderabad, initiated the discussion by highlighting the economic imperative of women's participation and leadership in driving sustainable development. He underscored the persistent gender pay gap and structural barriers hindering women's advancement in the workforce, calling for concerted efforts to promote gender-responsive policies and practices in employment and entrepreneurship.

Ms. Amina Niloufer Hussain, Founder-Director of the Kaam4u Foundation, offered critical insights into the patriarchal norms and systemic inequities perpetuating gender-based discrimination and marginalization. Drawing from her experiences, she emphasized the need for transformative change at the individual, institutional, and societal levels to dismantle patriarchal structures and foster inclusive environments where women can thrive and lead.

Ms. ImandiNithyosha, a Humanitarian, focused on legal frameworks and safety measures aimed a protecting women's rights and ensuring their safety in public and private spheres. She elucidated key provisions of landmark legislation, such as the Nirbhaya Act and the Protection of Children from Sexual Offenses Act (POCSO), highlighting the importance of legal literacy and advocacy in advancing gender justice and accountability.

The panel discussion sparked lively debates and reflections among participants, with students actively engaging in dialogue and raising pertinent questions on topics ranging from women's representation in leadership roles to intersectional challenges faced by marginalized communities. The session culminated with a collective commitment to championing women's rights and leadership, underscoring the transformative potential of collective action and solidarity in advancing gender equality and social justice.



#### Valedictory Session (3:00 - 4:00 PM)

The seminar concluded with a valedictory session, marked by the singing of the national anthem symbolizing unity and collective resolve in the pursuit of gender equality and women's empowerment Participants departed with renewed inspiration and determination to effect positive change in their respective spheres of influence, fortified by the insights and connections forged during the seminar.

In summary, the one-day national seminar on empowering women served as a catalyst for dialogue reflection, and action towards advancing gender equality and women's empowerment. The convergence of diverse perspectives, expertise, and experiences enriched the discourse and underscored the urgency of collective efforts to create a more inclusive, equitable, and just society for all.

#### **Recommendations**

- It is recommended that regular training sessions and workshops be conducted to keep auxiliary staff
  updated on evolving legal frameworks, best practices, and emerging issues related to women's safety and
  rights. These sessions should be interactive and tailored to address specific needs and challenges faced
  by the staff in their respective roles.
- Institutions should establish clear and comprehensive policies and protocols for addressing instances of
  harassment, discrimination, and violence against women. This includes guidelines for reporting
  investigation, and disciplinary action, as well as mechanisms for providing support and protection to
  survivors.
- Launching awareness campaigns within the institution and the wider community can help foster a culture
  of respect, equality, and accountability. These campaigns can utilize various channels such as posters

- pamphlets, social media, and community events to disseminate information about women's rights available support services, and avenues for reporting incidents.
- Institutions should actively collaborate with external agencies, such as law enforcement, women's shelters, and advocacy organizations, to enhance their capacity to respond effectively to cases of gender-based violence and support survivors. Building strong partnerships can facilitate timely access to resources and expertise, as well as strengthen referral pathways for survivors in need of assistance.
- It is essential to periodically review and evaluate the effectiveness of existing policies, procedures, and
  initiatives related to women's safety and rights. This includes soliciting feedback from staff, conducting
  surveys or focus groups, and monitoring key performance indicators to identify areas for improvemen
  and ensure alignment with organizational goals and values.
- Promoting gender equality and diversity within the institution should be a priority, encompassing efforts to address underlying systemic inequalities and biases that contribute to gender-based violence and discrimination. This can involve initiatives such as gender-sensitive recruitment and promotior practices, equitable access to training and professional development opportunities, and the creation of inclusive work environments that celebrate diversity and empower all individuals to thrive.

By implementing these recommendations, institutions can demonstrate their commitment to creating safe, inclusive, and empowering environments where women's rights are respected, protected, and upheld.

## Programme Schedule One-Day National Seminar on

**Empowering Women-**

## Exploring the Historical Evolution and Economic Implications of Gender Equality & Shreyasi Award Ceremony

	Date: 14/03/2024						
	INAU	UGURATION - 09.30-11.30 AM					
Timing		Program					
09:30-09:33	Prayer						
09.33-09:35	Lighting of lamp						
09.35-09:40	Welcome Dance						
09.40-09:45	Green Greetings						
09:45-09:50	Welcome Address	Dr. Sr. A. Vijaya Rani, Principal, St. Ann's College for Women					
09:50-09:55	Proceeding of the Seminar	Ms. E. Suneetha, Head, Department of Economics, Seminar Convener					
09:55-10:05	Chief Guest Address	Prof. S. K. Mahamood  Vice Chairman  Telangana State Council of Higher Education (TSCHE)					
10:05-10:10	Shreyasi Award Preamble	Dr. Smita Asthana, Dean Academics& IQAC Coordinator, St. Ann's College for Women, Hyderabad					
10:10-10:20	Shreyasi Award Felicitation						
10:20-10:25	Message by Shreyasi awardee	Special Guest: Rev. Mother Anthonamma P Superior General, Congregation of Sisters of St. Anne (CSSA) Alumni of St. Ann's College for Women					
10:25-10:30	Message by Shreyasi awardee	Special Guest: Dr. N. Anita Evangelin  JD (Admn) and HFAC Additional Director,  Telangana State Forensic Science Laboratory, Hyderabad					
10:30-10:40	Guest of Honor Address	Dr. V. Samujwala  Joint Director, Tribal Cultural Research & Training Institute, Tribal Welfare Department, Telangana					
10:40-10:50	Keynote address	Prof Alivelu Kasturi, Dean, Division for Graduate Studies,					

		Centre for Economic and Social Studies (Planning Dept, Govt. of Telangana & ICSSR - Ministry of Education, Govt. of India), Hyderabad			
10:50-11:00	Special Invitee	Kishan Kumar, Assistant Commissioner of Police, Hyderabad			
11:00-11:10	Special Invitee	Prof. T. Koti Reddy, Dean, School of Social Sciences  Head, Department of Economics, ICFAI Business School, Hyderabad.			
11:10-11:15	Vote of Thanks	Popy Devi Nath, Director, Centre for Women's Studies, Seminar Convener			
Group photo (Near Conference Room)					

#### **Group photo (Near Conference Room)**

#### PLENARY SESSION

### Topic: Women's Rights in the Digital Age

11:30-11.50	Speaker I	Mary Augustine, Central Head, Bharosa, Telangana
11:50-12.10	Speaker-II	Inspector B Raju, PS Gudimalkapur
12:10-12:20	Speaker - III	G Umesh Babu, ASI
12:10-12:15	Speaker -IV	Mrs. Sunanda Ravi, Mindfulness Expert
12:15-12:28		Interaction with Auxiliary Staff Members
12:28-12:30	Vote of Thanks	Mrs. R. Bhramara Sree, Head, Dept. of Political Science, St. Ann's College for Women

#### **LUNCH BREAK 12:30-1:30 PM**

## PANEL DISCUSSION

Topic: Women's Leadership: Securing Safety, Rights, and Empowerment

### Panelist

1:30-1:40 Panelist Prof. T. Koti Reddy, Dean, School of Social Sciences				
		Head, Department of Economics, ICFAI Business School, Hyderabad		
1:40-1:50	Panelist	Ms. Amina Niloufer Hussain, Founder-Director, Kaam4u Foundation		
1:50-2:00	Panelist	Ms. ImandiNithyosha, Humanitarian		

2:00-2:20	Discussion			
2:20-2:25	Vote of Thanks			
	Tea Break 2:25-3:00			
VALEDICTORY				
	Time: 03:00-4.00 PM			
	National Anthem			

One Day Workshop: "Sip of Change: Empowering Women in Assam's Tea Landscape" in Assam organised by Centre for Women's Studies on 9th Dec, 2023

One Day Workshop: "Sip of Change: Empowering Women in Assam's Tea Landscape" in Assam organised by CWS, St. Ann's College for Women, Mehdipatnam, Hyderabad on 9<sup>th</sup> Dec, 2023

The workshop, attended by tea garden women workers, aimed to empower them through education, health awareness, women's rights, financial literacy, and skill development. Dr. Deepa Baruah, Associate Professor and Librarian at Joya Gogoi College highlighted the significance of women's empowerment in the tea industry and shared inspiring stories of women who have made significant contributions to their communities. Ms. Popy Devi Nath, Director, Centre for Women's Studies emphasized the importance of breaking gender stereotypes, achieving financial independence, and the need for saving. The workshop included various sessions on educational empowerment, health and wellness, women's rights, financial literacy, and skill development. The workshop marked an important step towards the empowerment of women in Assam's tea gardens.





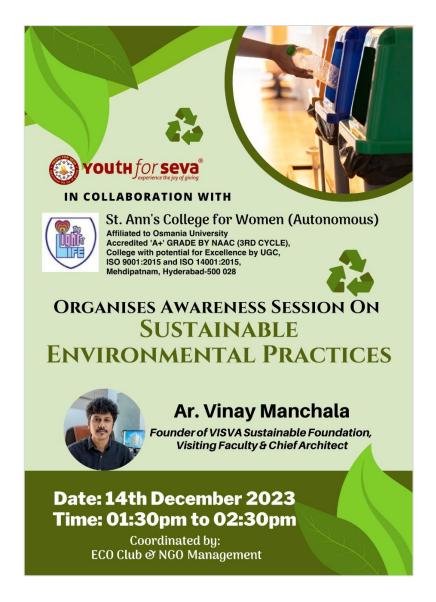
# World Anti-Drug Day conducted by NCC and Centre for Women's Studies on 23 June 2023 – Hyderabad

On June 23, 2023, the National Cadet Corps (NCC) in collaboration with the Center for World Solidarity (CWS) organized an event in Hyderabad to commemorate World Anti-Drug Day. The event aimed to raise awareness about the dangers of drug abuse and promote a drug-free lifestyle among the youth. Activities included educational sessions, awareness rallies, and interactive workshops, which were designed to engage participants and disseminate information on the adverse effects of drug use. The program also featured testimonies from individuals who overcame addiction, providing powerful and inspiring messages of hope and recovery. The collaborative efforts of NCC and CWS, supported by local authorities and community members, highlighted the importance of collective action in combating drug abuse and fostering a healthier, drug-free society.



Organised Awareness Session on Sustainable Environmental Practices 14<sup>th</sup> Dec, 2023 – Hyderabad in collaboration with Youth for Seva (NGO) Hyderabad.

On December 14, 2023, an awareness session on sustainable environmental practices was organized in Hyderabad, in collaboration with Youth for Seva. resource person Mr. Vinay, the founder of Vinay Sustainable Foundation delivered an insightful presentation on the importance of sustainable living and practical steps individuals can take to reduce their environmental footprint. As part of the initiative, bamboo toothbrushes were distributed to participants to encourage the adoption of sustainable alternatives to plastic. The event successfully engaged the community, highlighting the role of individual actions in environmental conservation and fostering a culture of sustainability.



#### DAAN Utsav- Collection Drive on 6th Oct, 2023

On October 6, 2023, the students of the NGO Management program organized a collection drive as part of DAAN Utsav, the Joy of Giving Week. The drive focused on collecting clothes and rice, which were generously donated by students, faculty, and staff. The collected items were carefully sorted and packed by volunteers before being distributed to underprivileged communities in collaboration with local NGOs. The initiative successfully raised awareness about the importance of giving, fostered a sense of social responsibility among participants, and provided essential support to those in need, embodying the true spirit of DAAN Utsav.

#### Organised activity on best out of Waste on 2nd Nov, 2023

On November 2, 2023, the NGO Management students organized an activity titled "Best Out of Waste," aimed at promoting creativity and environmental sustainability. Participants were encouraged to create innovative and useful items from recyclable and discarded materials. The

event saw enthusiastic involvement from students who showcased their skills and creativity, transforming waste into art and functional objects. This initiative not only highlighted the importance of recycling and waste management but also fostered a sense of environmental responsibility and innovation among the participants, making it a highly successful and impactful event.

## Sessions to auxiliary staff by NGO Management Students on 12th, 19th and 26th Oct, 2023-Topics included: Digital literacy; Breast Cancer; Menstruation Hygiene; Personal Hygiene; Self Esteem and their rights

In October 2023, the NGO Management students conducted a series of educational sessions for auxiliary staff on the 12th, 19th, and 26th. The sessions covered crucial topics such as digital literacy, breast cancer awareness, menstrual hygiene, personal hygiene, self-esteem, and their rights. These informative and interactive sessions aimed to empower the auxiliary staff with essential knowledge and skills, enhancing their overall well-being and awareness. The initiative was well-received, fostering a supportive environment where participants felt valued and informed, ultimately contributing to their personal and professional growth.



Field Visits to: Child Orphanage (Sankalp Foundation); N.S care old age home; International Human Rights Organization; Radha Kishan Balika Bhavan; Hyderabad Council of Human Welfare; Fatima Old Age Home.

Field visits conducted to various social welfare organizations in Hyderabad. These visits were aimed at understanding the operational mechanisms, challenges, and contributions of these organizations in the realm of human welfare. The organizations visited include:

- 1. Sankalp Foundation (Child Orphanage)
- 2. N.S. Care Old Age Home
- 3. International Human Rights Organization
- 4. Radha Kishan Balika Bhavan
- 5. Hyderabad Council of Human Welfare
- 6. Fatima Old Age Home

#### 1. Sankalp Foundation (Child Orphanage)

Sankalp Foundation provides shelter, education, and care for orphaned and abandoned children. The foundation focuses on holistic development, including health, education, and emotional well-being.

#### **Key Observations:**

- The orphanage is well-maintained with clean living quarters and recreational areas.
- Children receive formal education and participate in extracurricular activities.
- Regular health check-ups and psychological support are provided.
- Challenges include limited funding and the need for more volunteers.

#### 2. N.S. Care Old Age Home

N.S. Care Old Age Home offers a safe and nurturing environment for elderly individuals. The home provides medical care, nutritious meals, and recreational activities.

#### **Key Observations:**

- The facility is clean and well-organized with comfortable living spaces.
- Residents have access to medical services and regular health monitoring.
- Social activities are organized to keep residents engaged.
- Challenges include staffing shortages and the need for more medical equipment.

#### 3. International Human Rights Organization

The International Human Rights Organization focuses on advocacy, education, and support for human rights issues. It works on various projects including legal aid, education, and public awareness campaigns.

#### **Key Observations:**

- The organization actively engages in community outreach and education.
- Provides legal assistance and counseling services to marginalized groups.
- Conducts workshops and seminars on human rights issues.
- Challenges include limited resources and the need for more widespread awareness.

#### 4. Radha Kishan Balika Bhayan

Radha Kishan Balika Bhavan is a home for underprivileged girls, providing shelter, education, and vocational training.

#### **Key Observations:**

- The facility offers a safe and supportive environment for girls.
- Emphasis on education and skill development for future self-reliance.
- Regular health check-ups and counseling services are provided.
- Challenges include limited vocational training options and funding constraints.

#### 5. Hyderabad Council of Human Welfare

The Hyderabad Council of Human Welfare works on various social welfare projects, including education, health, and community development.

#### **Key Observations:**

The council runs multiple programs aimed at improving community welfare.

Focuses on education for children and health initiatives for the underprivileged.

Active involvement in community development projects.

Challenges include resource allocation and the need for more volunteers.

#### 6. Fatima Old Age Home

Fatima Old Age Home provides care and support for elderly individuals, ensuring their well-being and dignity in later years.

#### **Key Observations:**

- The home offers a comfortable and caring environment for residents.
- Medical care and social activities are regularly organized.
- Staff are dedicated but face challenges with limited resources and funding.

#### Conclusion

The field visits provided valuable insights into the functioning and challenges of these welfare organizations. Each organization plays a crucial role in addressing various social issues and

improving the quality of life for their beneficiaries. However, they all face common challenges such as limited funding, resource constraints, and the need for more volunteers. Strengthening community engagement, enhancing fundraising efforts, and building partnerships can significantly improve the impact and sustainability of these organizations.

ICSSR Funded Project Title: A Comparative study on Socio Economic Status of Women Tea Plantation Worker in Assam and Kerala-- Data Collection in Idduki District, Kerala



Ms. Popy Devi Nath, Director of the Centre for Women's Studies, attended a fully funded two-month programme at the Ministry of Women and Child Development (MWCD), Govt. of India, in New Delhi. This programme was fully supported by the MWCD.





#### SHREYASI AWARD 2023-2024

CWS honours Shreyasi Award who have immensely contributed to the society in their own way. This prestigious award is open to both our college alumni and the wider community, celebrating those who have demonstrated exceptional dedication and impact in their respective fields.

#### Awardees:

Rev. Mother Anthonamma P, Superior General, Congregation of Sisters of St. Anne (CSSA), Alumni of St. Ann's College for Women. Rev. Mother Anthonamma has tirelessly worked towards social betterment and has been a beacon of hope and support for countless individuals.

Dr. N. Anita Evangelin, Additional Director, Telangana State Forensic Science Laboratory, Hyderabad. Dr. Evangelin's contributions to forensic science and her role in advancing the field have set a remarkable example for women in STEM.

The Shreyasi Award serves as an appreciation of these outstanding women and their unwavering commitment to making a difference. It is a testament to the power of individual contributions in fostering a more inclusive and empowered society.





#### **RESOURCEPERSONS IN EVENTS**

- 1. Invited as a chief guest on Gender and Peace Programme organized by GNOSIS- Interfaith movement, Tuticorin region, Tamil Nadu on 16th August 2022.
- **2.** Resource person- Guest lecture- Gender Sensitization organize by Dept of Women's Studies, Bharathidasan University from 17<sup>th</sup> August, 2023

#### **FinancialAssistance:**

- 1. CentreforWomenStudiesreceivedafinancialgrantof Rs.50,000/-Two Day National Conference on Women and the 4Es -Education, Employment, Entrepreneurship, and Empowerment
- 3. ReceivedFinancialGrantof1,40230.00 forDifferentlyabledstudentsandBPLstudents from SamarthanamNGO,Bangalore.

#### **Research activities details:**

1. Published edited book on Women and Work

#### **CHAPTER 3**

#### **Teaching Details:**

#### 3.1. Teaching faculty:

Ms. Popy Devi Nath, Director, Centre for Women's Studies

#### 3.2. Courses

Centre for Women's Studies provides several courses

- 1. Certificate Course on Gender and Human Rights
- 2. AECC on Gender Sensitization
- 3. CCA on NGO Management

## **AECC on Gender Sensitization** Bsc, BBM, BA

#### **AECC on Gender Studies**

3<sup>rd</sup> Year Students (Bsc, BBM, Bcom, B.A)

#### **Objectives of the Course:**

- To develop students' sensibility with regard to issues of gender in contemporary India.
- To provide a critical perspective on the socialization of men and women.
- To introduce students to information about some key biological aspects of genders.
- To expose the students to debates on the politics and economics of work.
- To help students reflect critically on gender violence.
- To expose students to more egalitarian interactions between men and women.

#### **Learning Outcomes:**

- > Students will have developed a better understanding of important issues related to gender in contemporary India.
- > Students will be sensitized to basic dimensions of the biological, sociological, psychological and legal aspects of gender. This will be achieved through discussion of materials derived from research, facts, everyday life, literature and film.
- > Students will attain a finer grasp of how gender discrimination works in our society and how to counter it.

> Students will acquire insight into the gendered division of labour and its relation to politics and

economics.

> Men and women students and professionals will be better equipped to work and live together as

equals.

> Students will develop a sense of appreciation of women in all walks of life.

> Through providing accounts of studies and movements as well as the new lay provide protection

and relief to women, the textbook will empower students to understand and respond to gender

violence.

Thrust areas: Empowering Women through Education, Gender Sensitization, Legal rights of

women, Status of women in Indian society.

**Teaching Models used**: As an interdisciplinary course gender studies adopts the mode of teaching

which is interactive and participatory in nature. Apart from the lectures, teaching methods include

group discussion, film reviewing, book and article reviewing and presentations.

**Teaching Aids used**: The course instructor uses visual aids and audio-visual aids etc. Visual aids

PPT, pictures etc while audio visual aids include the movies and documentaries.

**Certificate Course on Gender and Human Rights** 

**Objectives** 

☐ Understand the concept of human rights in the context of gender,

☐ Apply this on laws having direct bearing on women and gender,

☐ Explain the concept of women's empowerment, its application in terms of law and the

challenges,

☐ Interpret the need for, gap in the women's rights laws in India.

**Unit I: Gender and Human Rights** 

Unit II: Fundamental Constitutional Rights and Laws, its context and implementation in

India

**Unit III: Women's Empowerment** 

**Unit IV: Women in Leadership Roles** 

**Unit V: Project** 

32

#### **CCA Course NGO Management:**

#### **Centre for Women's Studies**

Course coordinator: Popy Devi Nath, Director, CWS

#### **Objective of the course:**

- 1. To provide domain knowledge and skills to students in NGOs, volunteer in social work and developmental Administration sector.
- 2. To train who are keen to start a NGO.
- 3. To provide quality social work education.

#### **Expected Learning Outcomes**

- Students will develop a better understanding about the basic managerial concepts of NGO workers;
- Students will acquire a first-hand experience by visiting different kind of NGOs.
- It will help and enhance the skills at various levels of management.
- **3.4 Field Action:** Field trip, session in schools, awareness programme to auxiliary staff
- 3.5 Information dissemination

#### Library

3.5.1 Departmental Libraries- Centre for Women's Studies maintains a separate library to cater to the needs of the faculties and the students. There are 200 books available for women's studies. The CWS Library is a specialized research resource centre for a comprehensive collection of published and unpublished material relating to women. The library through its collection aims to provide an overall perspective regarding the situational analysis, current issues, development policies, programmes and schemes relating to women and strives to fill in the information gaps in these areas.

Lists of some of the books are:

- 1. Kar. P. K (2009), "Domestic Violence Need for Legal Awareness"
- 2. Kaushik, Vijai & Sharma, Belarani (2009), "Role of Women in Nation Building African Perspectives".
- 3. Trivedi, B.R (2010) "Constitutional Equality and the Women's Right".
- 3.5.2 E-resources The Library also maintains e-resources.250 e-resources included articles and e-books are available and also maintain an audio-visual material which has detailed information from various secondary sources like films, videos, and other audio-visuals relating to gender.

Lists of some of the e-books are:

- 1. Butler, Judith (1990) "Gender Trouble".
- 2. Howson, Richard (2006) "Challenging

- 3.2 Print
- 3.2.1Brochures, Handouts –

- Felicitation Program
- Women's day celebration
- 3.2.2 Banner for awareness campaigns/ events
- 3.2.3 Certificates for participants
  - College competition
- 3.2.4 Newsletter "Dhruthi Scape"
- 3.2.5 Posters & Placards
  - Women's Day celebration
- 3.3 Audio-visual Documentation
- 3.3.1 Movie screening specific to women's issues. Movies
  - Bawandhar (Sand Strom)
  - Gudiya
  - The Danish Girl
  - Suffragette
- 3.3.2 Documentaries made
  - India's daughters
  - The holy wives
  - Impossible Dream
- 3.3.3 Publication
  - Newsletter "Dhruthi Scape"
  - Edited Book on Women and Work, ISBN 978-81-19232-57-4 Book
  - Chapter- Sexual Harassment at Work Place, in Women and Work book. ISBN 978-81-19232-57-4.

#### **4 STRATEGIES**

- 4.1 Partnership with other Department of the University with non UGC Women's Studies Centers with other Universities with colleges within the University and outside the University with any other University
- 1. Bosconet, New Delhi
- 2. SHE Team
- 3. MammidipuddiVenkatarangaiya Foundation
- 4. National Commission for Women, New Delhi
- 5. GNOSIS, Hyderabad
- 6. BIRDS, Bangalore
- 7. Food 4 Thought Foundation, Hyderabad

#### **5** Resources

- **5.1** Faculty members from St. Ann's College for Women
  - Ms. Popy Devi Nath
- 5.2 Infrastructure and Resources
  - Lecture hall fully equipped with Computer, Overhead projector, Colour television, VCD projector, Slide projector and Audio system.
  - Air-conditioned Seminar Hall
  - St. Joseph Auditorium with a seating capacity of 1200 with excellent acoustics
  - Air-conditioned conference hall
  - Network Resource Centre
  - Library and information Centre
- 5.3 Documents Centre for women's Studies library
- 5.4 Any other Centralized college facilities