



Departments Of Biochemistry & Nutrition
National Nutrition Month 2024

INTERCOLLEGIATE POSTER DESIGNING COMPETITION

Topic: "Vote For Me-Nutrient Of The Year"
Create An Election Poster



Date Of Submission: 20th September, 2024

Top Three Posters will be awarded Certificates & Prizes
All Participants will get e -certificates

Faculty Coordinators

- 1. AM Sylaja HOD, Biochemistry Dept**
- 2.Ms Nasreen Begum HOD , Nutrition Dept**

For Registration & Further Details Contact

Student Co-ordinators :

- 1. Safa Hasan BBC III Yr SQAC Member**
- 2.Sayeeda BBC II Yr SQAC Member**
- 3. Anvitha Nama BBC I Yr SQAC Member**

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GUIDELINES FOR THE COMPETITION

- 1.Create an Election poster (A3 Size).**
- 2. Within the college, participants should submit the A3 size poster.**
- 3. Participants of other colleges should upload the poster in the google drive link (PDF format).**
- 4. The final date of submission is 20th September, 2024.**
- 5. All participants will receive e-certificates.**
- 6. Top 3 posters will receive exciting prizes along with certificates!**

Information to be included in your poster:

Name of the Nutrient

Composition/Elements of which it is composed of

What food it is found in /Sources

Where it is found in cells

It's Function in cells

Chemically Speaking : What does it look like?

What makes it the Nutrient that its is?

What Happens in its Absence or Deficiency?

Why is it So Special?

To upload your digital posters, click the link below

<https://drive.google.com/drive/folders/1kdgBS4ElqJRm5gMYKb2AmsY1noxpWL1p>

RUBRIC-

Creativity

Content

Design Layout