

# Post Graduate Diploma in Counselling Psychology

## Program Overview

PG Diploma in counselling psychology, offered by the department of Psychology is a one-year diploma course which was started in 2021 during pandemic. It's taught in a hybrid mode which can help students & working professionals to gain a basic understanding of psychological counselling.

### Program Highlights

- ✚ MoU with Hope Trust, Banjara hills, a leading institute dealing with safe treatment of Substance Abuse Disorders.
- ✚ Workshops, Internships, Field Work and Special Day celebrations with Hope Trust Institution.
- ✚ Short Duration

### Program Objectives

- ✚ To produce graduates with a well-developed professional identity as Counselling psychologists, including awareness and appreciation of context, development, and strength-based interventions.
- ✚ To develop the professional skills of our students such that each is able to demonstrate understanding of the impact of multiple contexts on human behavior.
- ✚ To appreciate the role of individual and cultural differences and diversity in human development and behavior.

### Program Outcomes

- ✚ The program will help students plan their area of interest in counselling like school counselling, family counselling, and marital counselling.
- ✚ The students will be able to do personality assessment, psychometric evaluation in the future.
- ✚ The program will aid in detecting physical disabilities in children at a young age, and diagnosing & treatment of mental disorders in the future.

## **Contact**

Ms. Suhair - Program Coordinator

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## **Eligibility Criteria**

- ✚ Students who have completed B.A./ B.Sc. program with Psychology at the undergraduate level

**Selection Procedure:** Academic Merit

## **Course Details**

Duration of the course: ONE YEAR (Two Semesters)

## **Timings of the sessions**

- Monday to Friday: 5.00 pm to 7.00 pm (Online)
- Saturday: 9.30 am to 11.30 am (Offline)

## Course Structure

<b>Semester-I</b>	
<b>Course Title</b>	<b>Credits</b>
Counselling Theories	5
Counselling Skills	5
Psychopathology	5
Research Methodology in Psychology	5
<b>MAOC -Communication Skills</b>	
Practical I	2
Practical II	2
<b>Total</b>	<b>24</b>

<b>Semester-II</b>	
<b>Course Title</b>	<b>Credits</b>
Family & Marital Counselling	5
School & Corporate Counselling	5
MAOC -Life Skills & Well Being	-
Project (Outdoor activity based course)	4
Internship-Observer ship & Case Study	12
<b>Total</b>	<b>26</b>