

## Post Graduate Diploma in Clinical Nutrition and Dietetics

### Program Overview

St. Ann's College for Women was the first college in Hyderabad to offer the PG Diploma in Clinical Nutrition and Dietetics program in the year 2009 and since its inception, it has demonstrated impressive progression rates. The alumni of the program have excelled as dietitians and health coaches worldwide, studying in countries like the US, U.K, Australia and Canada, in addition to seizing domestic opportunities. The course emphasis on practical skills and real-world applications that prepares students for success in diverse environments, enabling them to thrive in the competitive field of applied nutrition.

### Program Highlights

- ✚ Meets 16 years of education requirements for admission in foreign universities.
- ✚ Enables eligibility for the RD (Registered Dietitian) exam.
- ✚ Provides 1 complete semester internship (90 days) in a multi- specialty hospital.
- ✚ The program holds excellent record of successful placements.
- ✚ Provides opportunities for academic progression in foreign universities.

### Program Objectives

- ✚ Equips students with essential skills and knowledge in Clinical Nutrition and dietary modifications for diverse diseases.
- ✚ Provides a comprehensive understanding of fundamental and advanced concepts in nutrition and dietetics, enhancing employability through focused skill development.

### Program Outcomes

- ✚ Acquire and utilize the understanding of fundamental health sciences, dietetics, nutrition, and lifestyle adjustments for the purpose of health management, control, and prevention.
- ✚ Apply the required knowledge, abilities, and mindset to managing health and illness situations, including special groups, in community and hospital settings and assess nutritional status.

- ✚ Provide nutrition counselling and education to individuals, groups and communities throughout the lifespan using a variety of communication strategies.
- ✚ Pursue higher education and research so as to engage in self- motivated learning.

### **Contact**

Ms. Nasreen Begum- Head Department of Nutrition & Program Coordinator

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### **Eligibility Criteria**

#### **Female graduates with B.Sc. in**

- ✚ Clinical Nutrition & Dietetics / Applied Nutrition & Public Health/Nutrition & Food Technology / Food Science & Management (Voc.) or any graduate who has studied Nutrition as a subject at degree level.
- ✚ MBBS/BDS/ Physiotherapy/ Unani Medicine/ Ayurveda Medicine/Homeopathy/ Nursing

**Selection Procedure:** Academic Merit

### **Course Details**

Duration of the course: ONE YEAR (Two Semesters)

### **Timings of the sessions**

- Monday to Friday: 8.40 am to 2.45 pm (Offline)
- Saturday: 8.40 am to 12.00 noon (Offline)

## Course Structure

<b>Semester-I</b>		
Course Title	Credits	Seminar/Project Credits
Clinical nutrition-I	4	-
Clinical nutrition-I (Practical)	1	-
Clinical nutrition-II	4	1
Clinical nutrition-II (Practical)	1	-
Physiology	4	1
Dietetics techniques, patient counselling & Foodservice Management	4	-
Communicative English and soft skills	1	
<b>Total</b>	<b>19</b>	<b>2</b>

<b>Semester-II</b>		
Course Title	Credits	Seminar/Project Credits
Public Health and Epidemiology	4	1
Complete Sem-II Hospital Internship*	30	2+2(mini college project)
<b>Total</b>	<b>34</b>	<b>5</b>

\*The Nutrition Department has linkages with major Multispecialty Hospitals of Hyderabad such as Yashoda Hospitals, KIMS, Kamineni, Fernandez Hospitals, Virinchi, Olive Hospital, Princess Esra etc.