



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

LIFE SKILLS

2018-19

| S.NO. | Name of the capability enhancement program | Date of implementation (DD-MM-YYY Y) | Number of students enrolled | Name of the agencies/experts involved with contact details (if any) |
|---------------------------|--|--------------------------------------|-----------------------------|---|
| YOGA | | | | |
| 1. | AECC -Yoga | 05-07-2018 | 71 | Ms. Ishrath, Yoga Instructor, Ph.No: 7780432765 |
| HEALTH AND HYGIENE | | | | |
| 1 | Health Camp in Collaboration with ABBot India | 20-07-2018 | 80 | Dr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772 |
| 2 | Govt " KANTI VELUGU" programme, an eye camp | 24-11-2018 | 300 | Dr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772 |
| 3 | Guest lecture on thyroid disorders for the Faculty and students by | 14-09-2018 | 120 | Dr.Thrivikram.S. MD,r. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772 |
| 4 | "Hands-on session on CPR -Cardio-Pulmonary Resuscitation" by the | 19-10-2018 | 90 | Pulse Health Care Associatesr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772 |
| 5 | Guest lecture by n the topic" Anti ageing for staff and students". | 01-12-2018 | 110 | Dr Dedeepya Reddy ,r. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772 |



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| | | | | |
|-------------------------|--|-------------------------|-----|---|
| 6 | Vijay diagnostic centre conducted a free health camp | 22-03-2019 | 60 | Dr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772 |
| ENTREPRENEURSHIP | | | | |
| 1. | Three day training programme on Growing techniques of Bonsai | 15-12.2018 | 21 | Mr. Govind Raj, Bonsai Expert, Eshwari Nurseries, Ph.no:9441424961 |
| 2. | Vegetable Carving -A demonstration class | 04.08.2018 & 18.08.2018 | 33 | Mr.Rama Krishna Raju, ETV celebrity chef, Ph.no: 8978675847 |
| 3. | A Session on Mushroom cultivation | 15.02.2019 | 65 | Mrs. P.V. Neeraja, Asst Professor , Dept of Botany, St Ann's College for women, Ph.No: 9490748289 |
| 4. | Career Oriented Course - Herbal medicine & beauty care | 10.07.2018 | 35 | Mrs. P. Annie Rajita, Beautician, SETWIN Ph. No:9885773850 |
| 5. | Life Skills & Entrepreneurship | 16.8.18 | 157 | |
| 6. | Career Oriented Course-baking technique | 27.06.2018 | 40 | Mrs.Shenaz, Freelance Baking Expert, Ph No: 9949960974 |
| 7. | Career Oriented Course-culinary technique | 27.06.2018 | 39 | Ms. Varsha, Nutrition Consultant , NESTLE India Pvt Ltd Ph.NO: 8096828070 |
| 8. | Career Oriented Course-Nutrition and fitness | 27.06.2018 | 50 | Ms. Charmaine Paul, Director , Inspire Gym Ph.No: 9246212882 |



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1.

ABILITY ENHANCEMENT COURSE (AECC)-YOGA

OBJECTIVES OF THE YOGA COURSE:

- 1) To improve physical fitness and stamina.
- 2) To give specialized coaching in respective sports discipline according to students choice.
- 3) To identify talented students and give them training to excel in State, National and International level tournaments.

COURSE CO-ORDINATOR:

Y. Ramya sri , Head Department Physical Education

COACHES:

1. Ms. Ishrath – Yoga Instructor

OUTCOME OF THE COURSE:

- Students actively engage in class activities and devise appropriate training programs for the sport activities. Students also assess fitness levels and devise appropriate fitness plans.
- Physical Education improves physical fitness and stamina.
- Specialized coaching in respective sports discipline according to students choice.
- Identified talented students and gave them training to excel in State, National and International level tournaments.

List of the Candidates enrolled in CCA-Course for the year 2018-19

| SNO | HALLTICKET NO | NAMES | COMBINATION |
|-----|---------------|-----------------|-------------|
| 1 | 18111018 | Bibina S.Bihu | BA EPP |
| 2 | 18130003 | Pantham Bhavana | BA PEP |
| 3 | 18130007 | Basheer Unissa | BA PEP |
| 4 | 18130017 | Ratan Shivani | BA PEP |
| 5 | 18130019 | V.Annamraju | BA PEP |



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| | | | |
|----|----------|----------------------|-----------|
| 6 | 18156019 | Vlalsangpuii | BA HPP |
| 7 | 18258023 | Ayesha Jaz Siddiqui | BA HLP |
| 8 | 18258024 | Waikala | BA HLP |
| 9 | 18258030 | C Jil Kishing | BA HLP |
| 10 | 18263004 | Mehvesh Maqsood | BA PLP |
| 11 | 18263006 | Zakiyah Hyder | BA PLP |
| 12 | 18263007 | D.Priyanka Raj | BA PLP |
| 13 | 18263018 | Haneen Sadiq Ali | BA PLP |
| 14 | 18263031 | Adina Kawrin | BA PLP |
| 15 | 18263038 | Haniyyah Najeebuddin | BA PLP |
| 16 | 18401004 | Mannem Kirthi | BCOM GEN |
| 17 | 18401017 | Umme Kulsum | BCOM GEN |
| 18 | 18401021 | D.Meghna | BCOM GEN |
| 19 | 18401030 | M.Shanthipriya | BCOM GEN |
| 20 | 18402008 | Shravani | BCOM COMP |
| 21 | 18402014 | Nitisha Agarwal | BCOM COMP |
| 22 | 18402019 | G.Ramya | BCOM COMP |
| 23 | 18402025 | M.Ramya | BCOM COMP |
| 24 | 18402032 | K.Tarani | BCOM COMP |
| 25 | 18402049 | S.Varlakshmi | BCOM COMP |
| 26 | 18402068 | Raveena Goud | BCOM COMP |
| 27 | 18402091 | Pretty Rose | BCOM COMP |
| 28 | 18404005 | Savita Pawar | BCOM FT |
| 29 | 18404007 | Naina Autade | BCOM FT |
| 30 | 18404022 | Shivani Magar | BCOM FT |
| 31 | 18404023 | Shivani Chawan | BCOM FT |
| 32 | 18404026 | Prateesruti Sain | BCOM FT |



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| | | | |
|----|----------|----------------------|------|
| 33 | 18445016 | Ayesha Mohd | BZC |
| 34 | 18445052 | D.Manisha | BZC |
| 35 | 18458012 | Pallela Pujitha | MCB |
| 36 | 18458013 | Bindupriya | MCB |
| 37 | 18458021 | B.Akhila | MCB |
| 38 | 18458049 | Syeda Maliha Fatima | NCB |
| 39 | 18464004 | Khutija Nazish | NCZ |
| 40 | 18464008 | A.Keerthana | NCZ |
| 41 | 18467018 | Priyanka Subudhi | MSCS |
| 42 | 18467044 | A.Maitrika | MSCS |
| 43 | 18467084 | Bellary Veda | MSCS |
| 44 | 18467085 | Aishwarya Upadhya | MSCS |
| 45 | 18467092 | Vaishnavi Nasanpally | MPCS |
| 46 | 18468006 | Amatul Wahud Zainab | MPCS |
| 47 | 18468020 | D.Mani Kranthi | MPCS |
| 48 | 18468038 | M.Pravalika | MECS |
| 49 | 18474003 | Rai Mohana Sandhya | MECS |
| 50 | 18474023 | B.Sai Pavani | MECS |
| 51 | 18474040 | Ch.Chandana | GCZ |
| 52 | 18478010 | Tania Fatima | GCZ |
| 53 | 18478017 | Gudla Nandini | GCZ |
| 54 | 18478026 | R.Rakshitha | GCZ |
| 55 | 18488006 | Vidya Sree | BBC |
| 56 | 18488025 | Singeetham Sravani | BBC |
| 57 | 18588010 | Zainab Fatima | NCB |
| 58 | 18588041 | Asfiya Unissa Sana | NCB |
| 59 | 18588043 | G.Sneha | NCB |



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| | | | |
|----|----------|----------------------|-----------|
| 60 | 18685010 | R.Tejaswini | BBM |
| 61 | 18685032 | Swathi Agarwal | BBM |
| 62 | 18685044 | Mahima Toshniwal | BBM |
| 63 | 18402048 | Somyasetty Harshitha | BCOM COMP |
| 64 | 18685042 | M.Supriya | BBM |
| 65 | 18685052 | K.Alekya | BBM |
| 66 | 18404030 | Shivani | BCOM FT |
| 67 | 18459006 | A.Vaishnavi | GCM |
| 68 | 18401037 | T.Anusha | BCOM GEN |
| 69 | 18263002 | Khadiya | BA PLP |
| 70 | 18263009 | Saheefa | BA PLP |
| 71 | 18402107 | Susmitha Singh | BCOM COMP |



Website : www.stannscollegehyd.com
E-mail : stann_college@yahoo.co.in

Phone : 040-23513020



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Head
Dept. of Phy. Education
St. Ann's College for Women
Mehdiapatnam, Hyderabad-28.



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Health Centre

| S.No | Month | Event/Activity planned |
|----------|------------------|--|
| 1 | July | Health centre in collaboration with Abbot India Ltd conducted complete health check up camp for staff, students and their Parents. |
| 2 | | The camp provided with different medical examinations including Blood sugar, Thyroid profile, CBP, Complete health profile etc., at nominal prices. |
| 3 | August | As a part of an initiative taken by the Govt “ KANTI VELUGU” programme, an eye camp was conducted at the health centre for two days from 8:am to 4:00pm.Around 300 students and staff were screened for ocular problems covering refraction errors, cataract, Vitamin A deficiency, eye infections, glaucoma, corneal disorders and diabetic retinopathy.It was also a community service where people from in and around Mehdiapatnam and the Parents have availed the facility. |
| 4 | September | Health centre organized a guest lecture on thyroid disorders for the Faculty and students by Dr.Thrivikram.S. MD, |
| 5 | October | Health centre organized a “Hands-on session on CPR -Cardio-Pulmonary Resuscitation” by the Pulse Health Care Associates. The session was taken up by Dr Aditya Vikram Kabra, managing director of Pulse Health care associates and his colleagues. |
| 6 | December | Health centre organized a Guest lecture by Dr Dedeepya Reddy on the topic” Anti ageing for staff and students”. |
| 7 | March | Health centre in collaboration with Vijay diagnostic centre conducted a free health camp in the following parameters, exclusively for staff and their family members on 22 nd March . |



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HEALTH CENTRE REPORT

2018-19



Sri K. Chandra Sekhar Rao
Honourable Chief Minister

Commissionerate of Health and Family welfare

KANTI VELUGU

Government of Telangana



Sri C. Laxma Reddy
Honourable Health and
Family Welfare Minister

To work towards “Avoidable Blindness Free Telangana”, the Government has decided to take up universal eye screening by covering the entire population of the state under the name “Kanti Velugu”.

The objectives of “Kanti Velugu” are (i) to conduct eye screening & vision test for all citizens of the state (ii) provide spectacles free of cost (iii) arrange for surgeries and other treatments free of cost (iv) provide medicines for common eye ailments (v) educate people on prevention of serious disabling eye diseases.

With 10 member team an eye camp was conducted at the health centre for two days from 8:am to 4:00pm. Around 300 students and staff were screened for ocular problems covering refraction errors, cataract, Vitamin A deficiency, eye infections, glaucoma, corneal disorders and diabetic retinopathy.

It was also a community service where people from in and around Mehdiapatnam and the Parents have availed the facility.



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Swathi.
Dept. of English
ST. ANN'S COLLEGE FOR WOMEN
Mehdiapatnam, Hyd-28.



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1.

DEPARTMENT OF BOTANY

BONSAI REPORT 2018-19

The Department of Botany organized a demonstration class on Bonsai on 15 Dec 2018 for the second and final year students to create interest in the students to learn the technique of bonsai. Mr. Govind Raj a specialist in Bonsai training was the resource person. He explained the different types and styles of bonsai, plants that can be easily grown as bonsai. He also explained about the nutritional requirements of the plants and how to supply water and nutrition to the bonsai plants. Other procedures like training, pruning, wiring, cutting, repotting were well explained. The students were happy to be a part of this learning process and were eager to know more.



P. V. Subash
Head of the Department
Department of Botany
St. Ann's College for Women
Mehdiapatnam, Hyderabad-500 028.



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2.

VEGETABLE CARVING

2018-19

In order to nurture the culinary skills in the students, Department of Botany conducted demonstration classes on Vegetable Carving on 4th & 18th August 2018. The Resource Person was Mr. Ramakrishna Raju from Agri Horticulture Society who is popularly known as chef raju garu. Around 33 students have enrolled for the demonstration class. Information on the selection of vegetables and fruits was given. Vegetables like carrots, beetroots, radish, gourds, spring onions and watermelon were used. He showed in detail how to carve & how to handle the instruments for cutting and chopping vegetables & fruits. The students enjoyed the classes and developed the confidence of handling instruments.



R. Ushadina
Head of the Department
Department of Botany
St. Ann's College for Women
Mehdiapatnam, Hyderabad-500 028.



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List of students

Vegetable Carving

2018-19 (04-08-2018)

| S.NO | NAME | CLASS | SIGNATURE |
|------|-------------------|-----------|-------------------|
| 1. | Sariya Ikram | I NCB | |
| 2. | Huda amreen | " | Huda |
| 3. | Amulya | " | K. Amulya |
| 4. | Pranavi | " | Pranavi |
| 5. | K.Alekya | " | Alekya |
| 6. | Tazeen Fatima | " | Tazeen |
| 7. | M.Poojitha | " | M. Poojitha |
| 8. | Naadia Ali | " | Naadia Ali |
| 9. | Amtul Bushra | I BZC | Amtul Bushra |
| 10. | K. Bhavani | " | K. Bhavani |
| 11. | Shifa Fatima | " | Shifa |
| 12. | Shifa summaiya | " | Shifa |
| 13. | Yusra Fathima | " | Yusra |
| 14. | Divya Phani | " | Divya |
| 15. | Sadiya Iffat | " | Sadiya Iffat |
| 16. | Ayesha Siddiqua | " | Ayesha |
| 17. | Ayesha Mehvish | I B.Com C | Ayesha Mehvish |
| 18. | Syeda Nada | I B.Com D | Syeda Nada |
| 19. | Maliha Naaz | II NCB | Maliha Naaz |
| 20. | Ayesha Siddiq | " | Ayesha Siddiq |
| 21. | Ruqiya Ameer | " | Ruqiya Ameer |
| 22. | Mariam Fatima | " | Mariam Fatima |
| 23. | Usra Iram | " | Usra Iram |
| 24. | Hafsa Sadiq Ahmed | " | Hafsa Sadiq Ahmed |
| 25. | Samia Ayesha | " | Samia Ayesha |
| 26. | Yusra Hafeez Khan | " | Yusra Hafeez Khan |
| 27. | Zehra Fatima | " | Zehra Fatima |
| 28. | Umaimah asad | " | Umaimah asad |
| 29. | Zoha Samreen Khan | " | Zoha Samreen Khan |
| 30. | Qudsia Mohammadi | II NCB | Qudsia Mohammadi |
| 31. | Syeda Kulsum | II MCB | Syeda Kulsum |
| 32. | Umaima Khan | " | Umaima Khan |
| 33. | Sumaira fazal | I BZC | Sumaira |
| 34. | | | |



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3.

Mushroom Cultivation Report

2018-19

As a part of departmental activity a demonstration class on mushroom cultivation was conducted on 15.02.19 for the final year students of BZC. The theory information was given by Mrs.P.V.Neeraja on different aspects. A power point presentation was shown which elaborately explained various aspects of mushroom cultivation like what are mushrooms, their structure, types, and nutritional value of mushrooms how can they be differentiated from poisonous mushroom. In continuation with the theoretical part a demonstration session on cultivation of mushroom was conducted. Information regarding spawn sterilization of grass, size of polythene bags to be used during the cultivation procedure was discussed. It was an interactive session & students were excited to know about the practical part. Students were made in to groups and were asked to prepare a spawn cultivation bag they were to check these bags after 15 days for the growth of mushrooms.



P. Neeraja
Head of Department
St. Ann's College
Mehdiapatnam, Hyderabad-500 028



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MUSHROOM CULTIVATION LIST OF STUDENTS

| Sl.No | HALL TICKET No | NAME OF THE STUDENT |
|-------|-----------------|------------------------|
| 1 | 1204-16-445-001 | B KIRAN MANJALI |
| 2 | 1204-16-445-002 | MARIYA AHMED |
| 3 | 1204-16-445-003 | ABRAR AYUB KHAN |
| 4 | 1204-16-445-004 | MALAVIKA NAI |
| 5 | 1204-16-445-005 | KUBRA FATIMA |
| 6 | 1204-16-445-006 | BISKUNDHA MOUNIKA |
| 7 | 1204-16-445-007 | SHAVYA VERMA |
| 8 | 1204-16-445-008 | BUSHRA QAMAR |
| 9 | 1204-16-445-009 | CH. SHRAVANI |
| 10 | 1204-16-445-010 | PRAVEENA. V |
| 11 | 1204-16-445-011 | WABIHA NISHAT UNNISA |
| 12 | 1204-16-445-012 | AMENA SAMREEN |
| 13 | 1204-16-445-013 | VALLURI MOUNIKA |
| 14 | 1204-16-445-014 | MARIA RIYAZ KHAN |
| 15 | 1204-16-445-015 | GOUSIA ZAHARA SULTANA |
| 16 | 1204-16-445-016 | TAHOORA FATIMA |
| 17 | 1204-16-445-017 | AYESHA MEHNAAZ |
| 18 | 1204-16-445-018 | JAAGRUTHI JANNIGORLA |
| 19 | 1204-16-445-020 | AMENA AHMED |
| 20 | 1204-16-445-021 | SAI GEETHA |
| 21 | 1204-16-445-022 | AMTUL AHMAREEN BEGUM |
| 22 | 1204-16-445-024 | MARIYA MOHSIN FAROOQUI |
| 23 | 1204-16-445-025 | SAFURA SADIYA |
| 24 | 1204-16-445-026 | ROYYPALLI AKHILA |
| 25 | 1204-16-445-027 | JUVERIA FATIMA |
| 26 | 1204-16-445-028 | AYESHA FATIMA |
| 27 | 1204-16-445-029 | SHIFA BEGUM |
| 28 | 1204-16-445-030 | S. SHIRISHA |
| 29 | 1204-16-445-031 | KONDAPURAM NIKHITHA |



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| | | |
|----|-----------------|-----------------------|
| 30 | 1204-16-445-032 | MADUGULA SUMA MALEENI |
| 31 | 1204-16-445-033 | NEHA FATHIMA |
| 32 | 1204-16-445-034 | UMESA SADIA |
| 33 | 1204-16-445-035 | RAIPALLY TEJASREE |
| 34 | 1204-16-445-036 | AFREEN BEGUM |
| 35 | 1204-16-445-037 | SARA NOUSHEEN |
| 36 | 1204-16-445-038 | B MAHESHWARI |
| 37 | 1204-16-445-040 | ASMA BEGUM |
| 38 | 1204-16-445-044 | SYED NEELOFAR |
| 39 | 1204-16-445-045 | AMTUL HASEEB |
| 40 | 1204-16-445-046 | B VASUNDHARA |
| 41 | 1204-16-445-047 | EVURU YASHASWI |
| 42 | 1204-16-445-048 | D PRATHYAKSHA |
| 43 | 1204-16-445-049 | M VARSHA |
| 44 | 1204-16-445-050 | MADIHA NOOREEN |
| 45 | 1204-16-445-052 | K SRAVANI REDDY |
| 46 | 1204-16-445-053 | R DIVYA |
| 47 | 1204-16-445-056 | A BHAVANI |
| 48 | 1204-16-445-057 | G NIHARICA YADAV |
| 49 | 1204-16-445-058 | V AKHILA. |
| 50 | 1204-16-445-059 | T SHIRISHA |
| 51 | 1204-16-445-060 | S SPOORTHY |



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4.

HERBAL MEDICINE AND BEAUTY CARE CO-ORDINATED

**BY
DEPARTMENT OF BOTANY
IN
COLLABORATION WITH
SETWIN**

PUNARI, HAVELI, HYDERABAD

REPORT 2018-19





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Department Of Botany U.G.C Add On Course Herbal Medicine And Beauty Care Report 2018-19

1. Number of Students enrolled: **35**
2. List of students with combination and year of study : **List enclosed**

Photographs of field trips/outside project/: **Enclosed**
venue/in house classes

3. No. of project carried out by the students: **one for each**
4. Brief report of the activities and resource person

Collaboration: SETWIN

Resource person : Annie Rajitha

External Examiner: Vanaja.P

(Theory & Practical) SETWIN, Punari, Haveli, Hyderabad



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Report of Activities

Herbal Medicine and Beauty Care course for the year 2018-19 started on 10.07.2018 with an orientation program.

The orientation program included-

The **Course Content** for the year 2018-19

Number of **Credits:4**

Evaluation pattern –

- Marks allotted for Internals Theory Examination (30M)
- Marks allotted for Course End Theory Examination (70M)
- Marks allotted for Course End Practical Examination (45M)
- Marks allotted for Course Project Work (25M)
- Marks allotted for Course Practical Record (20M)
- Marks allotted for Viva Voce (10M)

Introduction of Course resource person- Mrs. Annie Rajith

Introduction of the collaborating organization-SETWIN

Number of Classes per week: 3 days (ie. Wednesday, Thursday, Friday)

Objectives of the Course

- To promote use of herbal products as alternative therapy and for personal grooming.
- To build skill for identifying, understanding and administering medicinal herbs.
- To enhance the technical skills and the employment potential of students for better placement.
- To promote Beauty Care as a viable vocation/career option to students with aptitude.
- To learn the active principle of plant identification, action indication and presentations of these herbs for beauty care.

[Signature]
Herbal Medicine and Beauty Care
Sponsored Course
Department of Botany



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Why Beauty Care

- Self-esteem
- Confidence
- Professional Growth
- Success
- Credibility



Why Herbal Beauty Care

- Natural Products
- Cost Economy
- Ever Available
- Minimal side effects

Skill Taught During the Course

- Herbal preparations and home remedies
- Skin , hair care and hair styling techniques
- Dietetics ,nutrition and Image management
- Personal grooming and Professional ethics
- Development of Entrepreneurial skill

Employment Career opportunities

- Self-employment by opening beauty clinics
- To work as a Faculty in vocation college
- Join sectors such as airlines, show business etc.
- Beauty Therapist /Hair Stylist/ Make-up Artist
- Develop Entrepreneurial skill

Student Benefit

- The course is conducted in collaboration with SETWIN, Govt.Telangana.
- An U.G.C approved certificate, under the aegis of Osmania University.



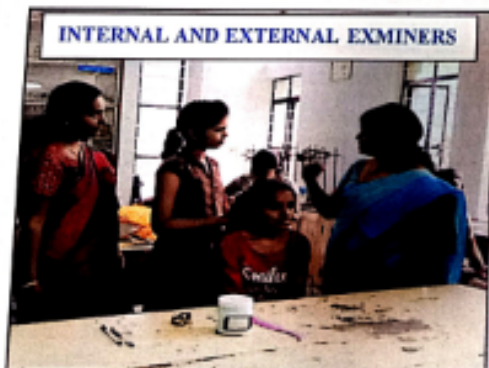
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Course End Examination



PRACTICAL





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U.G.C Sponsored Add-On Certificate Course Department of Botany Herbal Medicine and Beauty Care 2018-19 Marks consolidation Offered for Second Years

| S.No | Name | Hall Ticket No. | Course Combination | Signature of the Students |
|------|---------------------|-----------------|--------------------|---------------------------|
| 1 | G.Swetha | 120417588034 | BSc. NCB | G.Swetha |
| 2 | R.Priyanka | 120417458025 | BSc. MCB | R.Priyanka |
| 3 | K.Sathya Bhama | 120417588006 | BSc.NCB | K.Sathya Bhama |
| 4 | Siddoju Vaishnavi | 120417588050 | BSc. NCB | (Vaishnavi) |
| 5 | N.Sravani | 120417474043 | BSc. MECs | N.Sravani |
| 6 | Samba Lavanya | 1204174774005 | BSc. MECs | Samba Lavanya |
| 7 | G.Nandini | 120417468028 | BSc.MPCs | G.Nandini |
| 8 | B.Priyanka | 120417474036 | BSc. MECs | B.Priyanka |
| 9 | Lubna Erum | 120417156007 | B.A HPP | Lubna Erum |
| 10 | Najmuseher.Siddiqui | 120417129020 | B.A HEP | Najmuseher.Siddiqui |
| 11 | S.Sai Sravani | 120417588039 | BSc.NCB | S.Sai Sravani |
| 12 | B.Niharikha | 120417458010 | BSc.MCB | B.Niharikha |
| 13 | Kesari Anusha | 120417445048 | BSc.BZC | Kesari Anusha |
| 14 | Syeda Rahila | 120417464033 | BSc.NCZ | Syeda Rahila |
| 15 | B.Roja | 120417467068 | BSc.MSCs | B.Roja |
| 16 | M.Shirisha | 120417468006 | BSc.MPCs | M.Shirisha |
| 17 | P.Sahithi | 120417474012 | BSc. MECs | P.Sahithi |
| 18 | P.Deepika | 120417467051 | BSc.MSCs | P.Deepika |
| 19 | B.Deepika | 120417467053 | BSc.MSCs | B.Deepika |
| 20 | B.Akhila | 120417467087 | BSc.MSCs | B.Akhila |
| 21 | Ayesha Jabeen | 120417464024 | BSc.NCZ | Ayesha Jabeen |
| 22 | P.Namratha | 120417445020 | BSc.BZC | P.Namratha |
| 23 | K.Swomya | 120417445034 | BSc.BZC | K.Swomya |
| 24 | R.Adekhya | 120417402093 | BCom.Comp | R.Adekhya |
| 25 | Sumaiyya | 120417588030 | BSc.NCB | Sumaiyya |
| 26 | Fameeda | 120417488014 | BSc.BBC | Fameeda |
| 27 | Rania Javeed | 120417258018 | B.A.HLP | Rania Javeed |
| 28 | Tabinda Tahseen | 120417464022 | BSc.NCZ | Tabinda Tahseen |
| 29 | M.Likitha | 120417402009 | B.Com.Comp. | M.Likitha |
| 30 | K.Sumanjali | 120417404040 | B.Com.F.T | K.Sumanjali |
| 31 | U.Lakshmi Prasanna | 120417588020 | BSc.NCB | U.Lakshmi Prasanna |
| 32 | Deeptika | 120417468000 | BSc. MECs | Deeptika |



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U.G.C Sponsored Add-On Certificate Course
Department of Botany Herbal Medicine and Beauty Care 2018-19
Marks consolidation
Offered for Second Years

| S.No | Name | Hall Ticket No. | Course Combination | Internal Marks 30 | Course End Examination 70 | Total 100 |
|------|---------------------|-----------------|--------------------|----------------------|------------------------------|--------------|
| 1 | G.Swetha | 120417588034 | BSc. NCB | 25 | 62 | 87 |
| 2 | R.Priyanka | 120417458025 | BSc. MCB | 28 | 64 | 92 |
| 3 | K.Sathya Bhama | 120417588006 | BSc.NCB | 27 | 50 | 77 |
| 4 | Siddoju Vaishnavi | 120417588050 | BSc. NCB | 24 | 63 | 87 |
| 5 | N.Sravani | 120417474043 | BSc. MECs | 23 | 61 | 84 |
| 6 | Samba Lavanya | 1204174774005 | BSc. MECs | 27 | 62 | 89 |
| 7 | G.Nandini | 120417468028 | BSc.MPCs | 26 | 64 | 90 |
| 8 | B.Priyanka | 120417474036 | BSc. MECs | 26 | 61 | 87 |
| 9 | Lubna Erum | 120417156007 | B.A HPP | 23 | 62 | 85 |
| 10 | Najmuseher.Siddiqui | 120417129020 | B.A HEP | 27 | 56 | 84 |
| 11 | S.Sai Sravani | 120417588039 | BSc.NCB | 25 | 64 | 89 |
| 12 | B.Niharikha | 120417458010 | BSc.MCB | 25 | 62 | 87 |
| 13 | Kesari Anusha | 120417445048 | BSc.BZC | 26 | 61 | 87 |
| 14 | Syeda Rahila | 120417464033 | BSc.NCZ | 23 | 55 | 78 |
| 15 | B.Roja | 120417467068 | BSc.MSCs | 25 | 56 | 81 |
| 16 | M.Shirisha | 120417468006 | BSc.MPCs | 23 | 55 | 78 |
| 17 | P.Sahithi | 120417474012 | BSc. MECs | 26 | 61 | 87 |
| 18 | P.Deepika | 120417467051 | BSc.MSCs | 24 | 51 | 75 |
| 19 | B.Deepika | 120417467053 | BSc.MSCs | 21 | 64 | 85 |
| 20 | B.Akhila | 120417467087 | BSc.MSCs | 23 | 42 | 65 |
| 21 | Ayesha Jabeen | 120417464024 | BSc.NCZ | 26 | 61 | 87 |
| 22 | P.Namratha | 120417445020 | BSc.BZC | 27 | 59 | 86 |
| 23 | K.Swomya | 120417445034 | BSc.BZC | 27 | 55 | 82 |
| 24 | R.Aeekhya | 120417402093 | BCom.Comp | 25 | 60 | 85 |
| 25 | Sumaiyya | 120417588030 | BSc.NCB | Absent | 52 | 52 |
| 26 | Fameeda | 120417488014 | BSc.BBC | Absent | 61 | 61 |
| 27 | Rania Javeed | 120417258018 | B.A.HLP | 22 | 57 | 77 |
| 28 | Tabinda Tahseen | 120417464022 | BSc.NCZ | 22 | 56 | 78 |
| 29 | M.Likitha | 120417402009 | B.Com.Comp. | 27 | 60 | 87 |
| 30 | K.Sumanjali | 120417404040 | B.Com.F.T | 24 | 54 | 78 |
| 31 | U.Lakshmi Prasanna | 120417588020 | BSc.NCB | 22 | Absent | 22 |



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5.

Report on Guest Lecture on Life skills (Leadership and Entrepreneurial Skills)

Name of the Department: English

Title of the event: Guest Lecture on Life Skills (Leadership and Entrepreneurial Skills)

Date: 16th August 2018

Venue: St. Joseph's Auditorium

Target Group: BA, B. Com, BBM & B.Sc. III Year Students

Objective: Primary objective of this session is to build self-confidence, encourage critical thinking, foster independence and help students to communicate more effectively.

Summary: The guest lecture focused on Life Skills (Leadership and Entrepreneurial skills). Guest speaker were Mr. B. Nagesh and Mr. Hanu B Krishna. The development of life skills helps students to find new ways of thinking and problem solving, analyse options, make decisions and understand why they make certain choices outside the classroom, build confidence both in spoken skills and for group collaboration and cooperation. Their main focus was on communication, delegation, team work and decision making which play a very important role in enhancing leadership skills. The speakers have enlightened the students through a very informative session on life skills.

Outcome:

1. Students got a clear insight into life skills which focuses on leadership and entrepreneurial skills.
2. They got aware what is importance of life skills such as communication, team work, decision making has in one's life.

Photograph with caption:





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Interactive Session on "Leadership and Entrepreneurial Skills"

No. of participants:

Department of English
St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Topic: Soft Skills

Name of the Faculty: Mr. B Nagesh + Ms Hanuma B Krishna Date: 10/8/18
Organization: Life Skills Coach Time: 10.30 am - 12.30 pm

| S.No | Name of The Student | Roll No. | Class & Group | Average | Good | Excellent | Signature |
|------|------------------------|--------------|---------------|---------|------|-----------|-----------------|
| 1 | Phalguni Pandya | 12041725006 | BA (HLP) | | | ✓ | Phalguni |
| 2 | Vashadhara | 12041725008 | BA (HLP) | | | ✓ | Vashadhara |
| 3 | Korine Susana | 12041726309 | BA (PLP) | | | ✓ | K. Susana |
| 4 | Faiza Foukara R | 120417258024 | BA (HLP) | | | ✓ | Faiza |
| 5 | J. Loka Rakshitha | 120417258025 | BA (HLP) | | | ✓ | Rakshitha |
| 6 | Kulna Mahapatra | 12041726307 | BA (PLP) | | ✓ | | Kulna Mahapatra |
| 7 | Kubraam Yousuf | 12041726305 | BA (PLP) | | ✓ | | Kubraam |
| 8 | Apeksha Sankaraj Kumar | 17263026 | BA (PLP) | | ✓ | | Apeksha |
| 9 | Tasneem Ahmed | 17263030 | BA (PLP) | | ✓ | | Tasneem |
| 10 | Naila Fatima | 17263011 | BA (PLP) | ✓ | | | Naila |
| 11 | Saba Khann | 17258019 | BA (HLP) | ✓ | | | Saba Khann |
| 12 | Sarwan Tomara | 12041726304 | BA (PLP) | | ✓ | | Sarwan |
| 13 | Sita Shalini Nisam | 12041726309 | BA (PLP) | | ✓ | | Sita |
| 14 | | | | | | | |
| 15 | | | | | | | |
| 16 | | | | | | | |
| 17 | | | | | | | |
| 18 | | | | | | | |
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Department of English
St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Topic: Soft Skills

Name of the Faculty: Mr. Nagarsh + Mr. Hanuman B. Krishna Date: 16/8/18
Organization: Life Skills Coach Time: 10.30 - 12.30 pm

| S.No | Name of The Student | Roll No. | Class & Group | Average | Good | Excellent | Signature |
|------|-----------------------|-------------|---------------|---------|------|-----------|----------------|
| 1. | G. Pragya | 17258010 | HL PBA (HLP) | | | ✓ | Pragya |
| 2. | D. Kinan (Siddhartha) | 17258005 | BA (HLP) | | | ✓ | Kinad |
| 3. | P. Poojithi | 17258008 | BA (HLP) | | | ✓ | Poojithi |
| 4. | B. Swathvikatha | 17258026 | BA (HLP) | | | ✓ | Swathvikatha |
| 5. | Zahra Ahmed | 1204172309 | BA (PLP) | | ✓ | | Zahra |
| 6. | Kullum Fatima | 1204172302 | BA (HLP) | | | ✓ | Kullum Fatima |
| 7. | Sikha Bathnath | 12041725003 | BA (HLP) | | | ✓ | Sikha |
| 8. | Sameera | 12041725004 | BA (HLP) | | | ✓ | Sameera |
| 9. | RANIA JAVEED | 12041725008 | BA (HLP) | | | ✓ | Rania |
| 10. | V. Ashwini | 12041725011 | BA (HLP) | | | ✓ | Ashwini |
| 11. | Samad Unissa | 12041725001 | BA (HLP) | | | ✓ | Samad |
| 12. | Lumana | 12041725003 | BA (HLP) | | | ✓ | Lumana |
| 13. | Soojya Tanveer | 12041725002 | BA (PLP) | | | ✓ | Soojya Tanveer |
| 14. | Syeda Ruzsiah | 12041725003 | BA (PLP) | | | ✓ | Syeda Ruzsiah |



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Department of English

St. Ann's College for Women

Mehdiapatnam, Hyderabad.

Topic: Life Skills.

Name of the Faculty: Nagush

Date: 16/06/18

Organization:

Time: 10:30 - 12:30

| S.No | Name of The Student | Roll No. | Class & Group | Average | Good | Excellent | Signature |
|------|---------------------|----------|---------------|---------|------|-----------|--------------|
| 1 | B. Shailaja Sara | 34 | B-SC (MECS) | | | ✓ | [Signature] |
| 2 | K. Nikhita | 28 | B-SC (MECS) | | | ✓ | K. Nikhita |
| 3 | S. Snigdha | 30 | B-SC (MECS) | | | ✓ | [Signature] |
| 4 | S. Sahithi | 31 | B-SC (MECS) | | | ✓ | [Signature] |
| 5 | N. Sravani | 43 | B-SC (MECS) | | | ✓ | N. Sravani |
| 6 | D. Nikitha | 40 | B-SC (MECS) | | | ✓ | D. Nikitha |
| 7 | K. Priyanka | 47 | B-SC (MECS) | | | ✓ | K. Priyanka |
| 8 | T. Keerthi | 42 | B-SC (MECS) | | | ✓ | T. Keerthi |
| 9 | S. Lavanya | 05 | B-SC (MECS) | | | ✓ | [Signature] |
| 10 | P. Sangeetha | 37 | B-SC (MECS) | | | ✓ | P. Sangeetha |
| 11 | M. Nikhita | 39 | B-SC (MECS) | | | ✓ | M. Nikhita |
| 12 | B. Rashini | 02 | B-SC (MECS) | | | ✓ | B. Rashini |
| 13 | B. Ujjwala | 32 | B-SC (MECS) | | | ✓ | B. Ujjwala |
| 14 | V. Sravani Reddy | 25 | B-SC (MECS) | | | ✓ | [Signature] |
| 15 | P. Sahithi | 38 | B-SC (MECS) | | | ✓ | [Signature] |
| 16 | D. Sravani | 49 | B-SC (MECS) | | | ✓ | [Signature] |
| 17 | P. Akanksha | 29 | B-SC (MECS) | | | ✓ | [Signature] |
| 18 | P. Ashwanya | 35 | B-SC (MECS) | | | ✓ | Ashwanya P |
| 19 | P.R. Supraja | 09 | B-SC (MECS) | | | ✓ | Supraja |
| 20 | N. Manisha | 27 | B-SC (MECS) | | | ✓ | Manisha |



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St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Topic: Life Skills

Name of the Faculty: Nagesh

Date: 16/08/18

Organization:

Time: 10:30 - 12:30

| S.No | Name of The Student | Roll No. | Class & Group | Average | Good | Excellent | Signature |
|-----------|---------------------|----------|---------------|---------|------|-----------|--------------------|
| 21. | Shertin | 3 | B.Sc [MECS] | | | ✓ | M. Jhansi |
| 22. | D. Sandhya | 48 | B.Sc [MECS] | | | ✓ | D. Sandhya |
| 23. | D. Tyotna | 13 | B.Sc [MECS] | | | ✓ | Tyotna |
| 24. | Samatha | 24 | B.Sc [MECS] | | | ✓ | Samatha |
| 25. | Lavanya | 30 | B.Sc [MECS] | | | ✓ | Lavanya |
| 26. | Sowmya | 21 | B.Sc [MECS] | | | ✓ | Sai |
| 27. | Sai Pragna | 15 | B.Sc [MECS] | | | ✓ | Pragna |
| 28. | B. Priyanka | 36 | B.Sc [MECS] | | | ✓ | B. Priyanka |
| 29. | P. Sahithi | 12 | B.Sc [MECS] | | | ✓ | P. Sahithi |
| 30. | M. Ruchitha | 33 | B.Sc [MECS] | | | ✓ | Ruchitha |
| 31. | M. Srividhi | 10 | B.Sc [MECS] | | | ✓ | Srividhi |
| 32. | Maya Dulga | 16 | B.Sc [MECS] | | | ✓ | Dulga |
| 33. | Vaishnavi Kulkarni | 22 | B.Sc. MECS | | | ✓ | Vaishnavi Kulkarni |
| 34. 36 | S. Saravani | 06 | B.Sc. MECS | | | ✓ | S. Saravani |



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Department of English
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Mehdiapatnam, Hyderabad.

Life skills.

Name of the Faculty: Nagah. Date: 16/08/19

Organization: Time: 10:30 - 12:30

| S.No | Name of The Student | Roll No. | Class & Group | Average | Good | Excellent | Signature |
|------|---------------------|----------|---------------|---------|------|-----------|-------------|
| 1 | J. Mounika | 50 | BX [MPC] | | | ✓ | [Signature] |
| 2 | N. Sathwika | 03 | BSc [MPC] | | | ✓ | [Signature] |
| 3 | Madhvi Kumari | 16 | BSc [MPC] | | | ✓ | [Signature] |
| 4 | N. Sai Prithvi | 23 | BSc [MPC] | | | ✓ | [Signature] |
| 5 | K. Sai Srini | 24 | BSc [MPC] | | | ✓ | [Signature] |
| 6 | N. Shanthi | 25 | BSc [MPC] | | | ✓ | [Signature] |
| 7 | Irum Fatima | 07 | BSc [MPC] | | | ✓ | [Signature] |
| 8 | Ayeda Fatima | 44 | BSc [MPC] | | | ✓ | [Signature] |
| 9 | Ameera Fatima | 40 | BSc [MPC] | | | ✓ | [Signature] |
| 10 | S. Vaishnavi | 30 | BSc [MPC] | | | ✓ | [Signature] |
| 11 | B. Sreerupa | 45 | BSc [MPC] | | | ✓ | [Signature] |
| 12 | Srivani | 17 | BSc [MPC] | | | ✓ | [Signature] |
| 13 | J. Devi Ka | 12 | BSc [MPC] | | | ✓ | [Signature] |
| 14 | Vaishna | 47 | BSc [MPC] | | | ✓ | [Signature] |
| 15 | M. Bhargavi | 13 | BSc [MPC] | | | ✓ | [Signature] |
| 16 | C. Sujitha | 35 | BSc [MPC] | | | ✓ | [Signature] |
| 17 | N. Janyuktha | 42 | BSc [MPC] | | | ✓ | [Signature] |
| 18 | Gayatri Uma | 01 | BSc [MPC] | | | ✓ | [Signature] |
| 19 | Vaishnavi | 39 | BSc [MPC] | | | ✓ | [Signature] |
| 20 | Kakanboy | 37 | BSc [MPC] | | | ✓ | [Signature] |

Department of English
St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Life skills.

Name of the Faculty: Nagah. Date: 16/08/19

Organization: Time: 10:30 - 12:30

| S.No | Name of The Student | Roll No. | Class & Group | Average | Good | Excellent | Signature |
|------|---------------------|----------|---------------|---------|------|-----------|-------------|
| 1 | Shalaja Sara | 34 | BSc [MECS] | | | ✓ | [Signature] |
| 2 | K.N. Venktra | 28 | BSc [MECS] | | | ✓ | [Signature] |
| 3 | S. Srigatha | 30 | BSc [MECS] | | | ✓ | [Signature] |
| 4 | S. Sahithi | 31 | BSc [MECS] | | | ✓ | [Signature] |
| 5 | A. Sravanani | 43 | BSc [MECS] | | | ✓ | [Signature] |
| 6 | D. Nikitha | 40 | BSc [MECS] | | | ✓ | [Signature] |
| 7 | K. Prithvi | 47 | BSc [MECS] | | | ✓ | [Signature] |
| 8 | T. Kanchi | 42 | BSc [MECS] | | | ✓ | [Signature] |
| 9 | S. Lavanya | 05 | BSc [MECS] | | | ✓ | [Signature] |
| 10 | P. Sampath | 37 | BSc [MECS] | | | ✓ | [Signature] |
| 11 | M. Nithika | 39 | BSc [MECS] | | | ✓ | [Signature] |
| 12 | B. Roshini | 02 | BSc [MECS] | | | ✓ | [Signature] |
| 13 | B. Ujjwala | 32 | BSc [MECS] | | | ✓ | [Signature] |
| 14 | V. Sravani Reddy | 25 | BSc [MECS] | | | ✓ | [Signature] |
| 15 | P. Saritha | 38 | BSc [MECS] | | | ✓ | [Signature] |
| 16 | D. Anvitha | 49 | BSc [MECS] | | | ✓ | [Signature] |
| 17 | P. Akanksha | 29 | BSc [MECS] | | | ✓ | [Signature] |
| 18 | P. Ashwanya | 35 | BSc [MECS] | | | ✓ | [Signature] |
| 19 | P.R. Supriya | 09 | BSc [MECS] | | | ✓ | [Signature] |
| 20 | N. Manisha | 27 | BSc [MECS] | | | ✓ | [Signature] |

[Signature]
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6. **COC- BAKING TECHNIQUES**

REPORT BY THE COURSE COORDINATOR

COC Baking techniques is a two semester course for IYr students which is designed to enable the students learn the basic techniques and science involved in baking and also about the various bakery products preparations.

This course was started by the Department of Nutrition for students of III rd & IV semester in the year 2016-17. In the current year 2017-18, 40 students from various streams have enrolled in this course. A total of 26 classes were conducted in the IIIrd & IV th semester, out of which 10 theory and 15 practical sessions were held.

During the course the students gained the basic knowledge of baking. They also learnt about the importance & usage of all baking ingredients.

The course also dealt with the practical demonstration of many bakery products such as various types of cakes, biscuits, doughnuts, pizza etc and the students were taught about the various equipments used in baking , baking problems & solutions & also about the types of icings used in baking.

The practical classes was taken by Mrs Shahnaaz Saleha, who was the course resource person & she holds nearly 20 years of experience in the field of baking. Apart from showing the preparation of various baking recipes, she also demonstrated various techniques involved in baking.

At the end of the course, assesment of all students was done by the course coordinator i.e Mrs Urooja Birjis Fatima & also by the resource person-Mrs Shahnaaz Saleha. For the assessment each student prepared one recipe learnt by



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them during the course. Marks were allotted , based on the attendance, record & preparation of any bakery product.

The students responded very well to the course as they gained the experience of various baking techniques and also got to know about the various bakery products.

This course is well accepted and appreciated by the students as many of them has tried the recipes at their home. It has ignited a spark of entrepreneurship in most of the students.

FEEDBACK FROM STUDENTS & RESOURCE PERSON

At the end of semester, feedback was taken from the students as well as the resource person. Analysis of the feedback was done & it revealed that almost all the students had found the course to be good & satisfactory. Most of them are willing to take up any such baking course in the future & also aspired to develop this hobby. Some of them suggested, to incorporate field trips in the course curriculum & also requested for an extra oven.

A positive feedback was also received from the resource person –Mrs Shahnaaz Saleha. She found the curriculum to be adequate & the course had met all the objectives. Suggestion for an additional oven was requested to save the time. She appreciated the students attitude & response towards the course.

A) List of the enrolled students-S.no, Roll no, name and combination.

| S.NO | H T NO | NAME | COMBINATION |
|------|-----------------|-----------------|-------------|
| 1 | 1204-17-111-013 | Rabiha Taj | BA-EPP |
| 2 | 1204-17-130-003 | Sumaiya Sultana | BA- PEP |



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| | | | |
|----|-----------------|-----------------------|-------------|
| 3 | 1204-17-130-018 | Nida Subohie | BA-PEP |
| 4 | 1204-17-258-019 | Saba Khanam | BA-HLP |
| 5 | 1204-17-258-024 | Fatima | BA-HLP |
| 6 | 1204-17-263-002 | Mehnaaz | BA-PLP |
| 7 | 1204-17-263-011 | Naila Fatima | BA-PLP |
| 8 | 1204-17-263-013 | Syeda Ruqaiyah | BA-PLP |
| 9 | 1204-17-263-026 | Ayesha Imtiyaz | BA-PLP |
| 10 | 1204-17-263-030 | Tasneem Ahmed | BA-PLP |
| 11 | 1204-17-402-047 | Ayesha Firdouse | B.Com(Comp) |
| 12 | 1204-17-404-023 | Vindhya | B.Com - FT |
| 13 | 1204-17-445-004 | Juluru Lakshmi Leela | BZC |
| 14 | 1204-17-458-023 | Zuha Fatima | MCB |
| 15 | 1204-17-459-016 | Sushma | GCM |
| 16 | 1204-17-459-019 | P. Pavithra Reddy | GCM |
| 17 | 1204-17-459-021 | Bokka Meghana Reddy | GCM |
| 18 | 1204-17-459-022 | T.V. Nithya Gayathri | GCM |
| 19 | 1204-17-459-025 | Roshini | GCM |
| 20 | 1204-17-467-012 | Singari Vallika | MSCS |
| 21 | 1204-17-467-031 | D. Nikhila | MSCS |
| 22 | 1204-17-467-032 | Pallali Vaishnavi | MSCS |
| 23 | 1204-17-467-034 | M.Shree Lekha | MSCS |
| 24 | 1204-17-467-038 | G.Divyashree | MSCS |
| 25 | 1204-17-467-057 | Billapati Sucharitha | MSCS |
| 26 | 1204-17-467-070 | H. Akhila | MSCS |
| 27 | 1204-17-467-030 | P.Priyanka | MSCS |
| 28 | 1204-17-467-090 | T.Sushma | MSCS |
| 29 | 1204-17-468-007 | Irum Fatima | MPCS |
| 30 | 1204-17-468-040 | Amena Fatima | MPCS |
| 31 | 1204-17-478-017 | Madiha Fatima | GCZ |
| 32 | 1204-17-478-025 | Ayesha Syed Moinuddin | GCZ |
| 33 | 1204-17-484-015 | Zainab Fatima | NCZ |



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| | | | |
|----|-----------------|----------------------|----------|
| 34 | 1204-17-484-037 | Gouhar Unnisa Sadaf | NCZ |
| 35 | 1204-17-684-022 | Muneebah Faiyuzuddin | BBM |
| 36 | 1204-17-263-039 | K.Sandhya | BA |
| 37 | 1204-17-404-021 | Maheshwari | B.COM-FT |
| 38 | 1204-17-488-005 | V.K.Archana | BBC |
| 39 | 1204-17-488-009 | Renuka | BBC |

Class wise schedule of COC BAKING TECHNIQUES- 2017-18

Semester-III

| SNO | DATES | TOPICS |
|-----|-----------|---|
| 1. | 5/7/2017 | Orientation & Introduction to COC-Theory |
| 2. | 12/7/2017 | Introduction to Baking Techniques, scope of baking-Theory |
| 3. | 19/7/2017 | Ingredients and their uses-Theory |
| 4. | 2/8/2017 | Preparation of Victoria sponge cake |
| 5. | 9/8/2017 | Preparation of marble cake & Coconut cookies |
| 6. | 16/8/2017 | Various bakery products-Theory |
| 7. | 23/8/2017 | Preparation of Swiss roll & Swiss roll pudding |
| 8. | 30/8/2017 | Preparation of cherry knobs & brownies |
| 9. | 13/9/2017 | Preparation of banana loaf & bachelor's button (biscuits) |
| 10. | 4/10/2017 | Art of Baking: cooking tips & techniques-Theory |



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| | | |
|-----|------------|--|
| 11. | 11/10/2017 | Preparation of semolina curd cake & fruit biscuits |
| 12. | 18/10/2017 | Preparation of dark fruit cake & oats biscuits |
| 13. | 25/10/2017 | Preparation of date & walnut cake & salt biscuits. |

Semester-IV

| SNO | DATES | TOPICS |
|-----|------------|---|
| 1. | 6/12/2017 | Preparation of pineapple pastry |
| 2. | 13/12/2017 | Preparation of Black forest cake |
| 3. | 20/12/2017 | Fillings & icings- Theory |
| 4. | 3/1/2018 | Baking equipments- Theory |
| 5. | 10/1/2018 | Preparation of Pizza |
| 6. | 17/1/2018 | Preparation of Naan Khatai & eggless cake |
| 7. | 31/1/2018 | Demonstration of baking techniques like icing, fillings etc |
| 8. | 7/2/2018 | Preparation of Carrot Cake & Melting Moments (biscuits) |
| 9. | 14/2/2018 | Preparation of Doughnuts |
| 10. | 21/2/2018 | Baking equipments- Theory |
| 11. | 7/3/2018 | Common baking faults & corrective measures- Theory |
| 12. | 14/3/2018 | Types of oven & its usage- Theory |
| 13. | 21/3/2018 | Practical assessment & evaluation |

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Rajni

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7. **COC Report on CULINARY TECHNIQUES**

Report by the coordinator

A career oriented course **culinary Techniques** was started by the Department of Nutrition for students of IIIrd & IVth semester in the year 2016-17. In the current year 2018-19, 39 students from various streams have enrolled in this course. A total of 23 classes were conducted in the IIIrd & IVth semester, out of which 9 theory and 14 practical sessions were held.

During this semester the students got trained and received academic instruction on how to apply the knowledge and skills necessary for entering the catering Industry at a level allowing for continuing education and/or life-sustained employment.

As a result of instruction, students were able to know, comprehend and apply theoretical knowledge into practice. Apart from learning various methods of cooking and preparation of dishes from different cuisines, students have also learnt appropriate safety procedures and precautions necessary to successfully participate in cooking at home and in catering industry.

During this course the students have learnt skills to practice time management and gain knowledge regarding costs of commodities in the market. They also learnt various cooking techniques and terminology used in cooking.

Students had a wonderful chef and guide in Mrs. Deena Ruparel of Nestle India Pvt Ltd, who is our resource person from the industry. She has more than 13 yrs of experience in the FMCG industry. Apart from demonstrating recipes she also imparts education on appropriate food safety/sanitation procedures & precautions useful in a kitchen setting. She has also imparted knowledge on, table setting, etiquettes and handling of kitchen equipment and technology necessary to participate in culinary skills.

The final Assessment of this course was conducted on 13th march 2019 by Mrs Deena Ruparel and Ms Varsha who was also a resource person from nestle and Course coordinator Ms Nasreen Begum. The students performed exceptionally well and their efforts were appreciated by Nestle India Pvt Ltd and all the students were given gifts and complementary aprons besides judging 3 best recipes which were awarded with gift hampers.



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Feedback from Students & resource person

A feedback was taken from the resource person and the students, the detailed analysis of the feedback stated that nearly 98% of the students felt that this course was beneficial to them and they would love to take up entrepreneurship if given a chance.. During this course the students gained knowledge in the practice of food preparation skills and nutritional importance of various foods and how good and healthy food preparation impacts one's health positively. This course is well accepted and appreciated by the students.

The resource person for this yr Mrs Deena Ruparael from Nestle India Pvt Ltd gave a very positive feedback about course and she agreed that it met the course objectives. She was fascinated by the enthusiasm of the students and their willingness to lean culinary techniques. She says that she would like to involve more students in preparation of recipes so that students can gain hands on experience.

A) List of the enrolled students-S.no, Roll no, name and combination.

| S.N O | HT NO | NAME | class |
|----------|-----------------|------------------------|-------|
| 1 | 1204 17 130021 | Adeeba Siddiqui | B A |
| 2 | 1204 17 156001 | P Joanna Preethi Sagar | B A |
| 3 | 1204 17 258004 | Aisha Fazal | B A |
| 4 | 1204 17 263007 | Zahra Ahmedi | B A |
| 5 | 1204 17 263 015 | Kulsoom Yousuf | B A |
| 6 | 1204 17 263 033 | Sheeba Jessca | B A |
| 7 | 1204 17 401 001 | Umayya Mubeen | B Com |
| 8 | 1204 17 401 003 | Mariyam | B Com |
| 9 | 1204 17 401 004 | Amreen Begum | B Com |
| 10 | 1204 17 401 012 | Samreen Tarannum | B com |
| 11 | 1204 17 401 013 | Juveria | B Com |
| 12 | 1204 17 401 014 | Sufia | B Com |
| 13 | 1204 17 401 024 | Umathun Noor | B Com |
| 14 | 1204 17 401 034 | Afreen Banu | B Com |
| 15 | 1204 17 401 052 | Ayesha Banu | B Com |
| 16 | 1204 17 402 015 | Faiza Alaui | B Com |
| 17 | 1204 17 402 051 | Zaiba Zareen | B Com |
| 18 | 1204 17 402 064 | Syeda Ruquia | B Com |
| 19 | 1204 17 402 083 | Raafiya Fatima | B Com |
| 20 | 1204 17 445 006 | Ayesha Fatima | BZC |



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| | | | |
|----|-----------------|-----------------------|------|
| 21 | 1204 17 458 001 | M Nagavani | MCB |
| 22 | 1204 17 458 004 | Saima Afreen | MCB |
| 23 | 1204 17 458 005 | Faryal Sabha | BSc |
| 24 | 1204 17 458 015 | B Thabitha Grace | BSc |
| 25 | 1204 17 459 028 | Daniya Nisar | GCM |
| 26 | 1204 17 467 003 | N Pranavya Reddy | MSCS |
| 27 | 1204 17 467 041 | Hajra Fatima | MSCS |
| 28 | 1204 17 467 056 | M Vaishnavi | MSCS |
| 29 | 1204 17 467 086 | D Swathi | MSCS |
| 30 | 1204 17 467 091 | K Padmavathi | MSCS |
| 31 | 1204 17 467 093 | K Manasa | MSCS |
| 32 | 1204 17 468 001 | Sofia Uzma | MPCS |
| 33 | 1204 17 468 037 | Kakan Roy | MPCS |
| 34 | 1204 17 468 039 | Vaishnavi | MPCS |
| 35 | 1204 17 474 002 | Bandari Roshini | MECS |
| 36 | 1204 17 478 003 | Jaweria Sultana | GCZ |
| 37 | 1204 17 478 012 | Chukkaiahgari Keerthi | BSc |
| 38 | 1204 17 478016 | Saira Quadri | GCZ |
| 39 | 1204 17 478019 | Ameena Tanveer | BSc. |

Class wise schedule of COC CULINARY TECHNIQUES- 2018

| <u>Sno</u> | <u>Date</u> | <u>Session Details</u> |
|------------|-------------|--|
| | | SEMESTER -III |
| 1 | 5/07/2017 | Introduction, orientation and scope of the course culinary skills Definition of cookery, Aims and objectives of cooking |
| 2 | 12/07/2017 | Starters -paneer tikki,bread tikki,cheese balls |
| 3 | 19/07/2017 | Salads -potato salad,peanut and corn salad,waldrof salad |
| 4 | 02/08/2017 | Theory class-Major components of food selection and storage of commodities |
| 5 | 09/08/2017 | Table arrangement |
| 6 | 16/08/2017 | Desserts - kalakand,pineapple soufflé, coconut laddo |



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| | | |
|----|------------|--|
| 7 | 23/08/2017 | Beverages/cocktails- triple deck,kechang,pink lady,white magic |
| 8 | 30/08/2017 | Italian cuisine- farfalle with salsa,fried mozerella,lasagna |
| 9 | 13/09/2017 | Chinese cuisine -veg hotpot,chilli chicken |
| 10 | 04/10/2017 | Thai cuisine -Thai green chicken curry,red curry,tender coconut sweet |
| 11 | 11/10/2017 | Kebabs- Corn kababs,mutton shami kababs |
| 12 | 18/10/2017 | Theory class-Explanation of culinary terms |
| 13 | 25/10/2017 | Theory class- Standard measurements of different raw food commodities |
| | | SEMESTER -IV |
| 14 | 06/12/2017 | Theory class-preparation of ingredients, MIS-EN-PLACE |
| 15 | 13/12/2017 | Theory class- different methods of cooking |
| 16 | 20/12/2017 | Theory class-Principles of menu planning |
| 17 | 03/01/2018 | Mughlai cuisine - mutton biryani and veg jalfarezi |
| 18 | 10/01/2018 | North Indian cuisine -Dalmakhni ,cashew curry and naan |
| 19 | 17/01/2018 | Baked foods- Brownie and cheese cake |
| 20 | 31/01/2018 | Snacks -Donughts and nachos salsa |
| 21 | 07/2/2018 | Mexican cuisine- Momos with shezwan sauce and vegetable noodle augratin |
| 22 | 14/02/2018 | South Indian cuisine Bisibele bhat ,palak corn rice |
| 23 | 21/02/2018 | menu planning -Different types of Menus |
| 24 | 07/03/2018 | Theory class -Standardization of recipes |
| 25 | 14/03/2018 | Theory class-Quantity food production |
| 26 | 21/03/2018 | Final practical Assesment |

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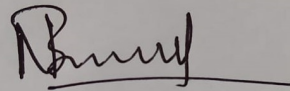
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8. COC – NUTRITION AND FITNESS 2018-19

The Course commenced in July 2018 with an objective to introduce to 'Fitness and Nutrition' and the time period given to complete the syllabus was 60 hours. After the syllabus was compiled by Ms. Charmaine Paul (Fitness Instructor) it was approved by Ms. Meena Kumari (Head of Dept of Nutrition)

THEORY

The course consisted of the following topics:

- a) Fitness Standards and Guidelines
- b) Yogasanas and Pranayama
- c) Dance Aerobics and Zumba
- d) Anatomy and exercises with gym equipment
- e) Nutrition

Separate classes were taken for theory and nutrition with the assistance of the text book and PPT presentations on different topics.

PRACTICALS

In the practical segment the students learnt, practiced and gave demos of warm up, cardio work outs, aerobics, zumba, strength and endurance exercises (calisthenics, plyometrics, dumbbells, free body exercises, pilates, kickboxing mat exercises), yoga, stretches and cool down sessions.

Additional Practical sessions were held in the college gym for better understanding of gym equipment and its use as and when required.

PROJECT ON ROLE OF FITNESS AND NUTRITION IN TODAY'S LIFE STYLE

The students were required to prepare a project by taking a survey of at least five individuals and the role of fitness and nutrition in their daily life and prepare a synopsis of the same.



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EXAMINATION

The students were evaluated on the basis of attendance, participation, project, theory and practical knowledge.

Special examination formats were followed so that the students are fairly evaluated.

The students appeared for both a theory and practical examination and marks were distributed in the following manner.

THEORY : 15 Marks.

PRACTICALS : 10 Marks.

INTERNAL : 15 Marks. (attendance and participation)

PROJECT : 10 Marks

The students were prepared for the exams by taking written and oral tests after every chapter and on the day of the exam a special revision session was held for the theory part and a mock practical exam was held for the practical examination before the Final Evaluation.

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