



St. Ann's College for Women

(Autonomous), Affiliated to Osmania University
Accredited by NAAC with A⁺ Grade (3rd cycle), CPE by UGC
ISO 9001:2015, 14001:2015

Mehdipatnam, Hyderabad.



SAHHARA - St. Ann's Helping Hands & Reaching Arms (Outreach Committee)

Student Club: Rotaract Club of St. Ann's College

Report 2020-21

MOTTO: Heart to God, Hand to man

Committee Composition

Faculty Members: 5

1. Dr(Sr) P. Amrutha-Chairperson
2. Ms. Ch. Jyothi, Dept. of Microbiology-Convenor
3. Ms. Naga Poornima, Dept. of MBA
4. Ms. Vishnu priya, Dept. of Telugu
5. Ms. Soujanya, Dept. of Commerce
6. Ms. Kavya, Dept. of Zoology

Student Club: Rotaract Club of St. Ann's College

Student Cabinet Members: 10

1. President: Rtr. Jessica- II BBC
2. Vice President: Rtr. Gouthami III MCB
3. Secretary- Rtr. Poojitha II GCM
4. Joint Secretary- Rtr. Saadia III BBC
5. Treasurer- Rtr. Smriti III BBC
6. Community Service Director- Rtr. Alekya III BBC
7. Club Service Director- Rtr. Jai Sai Ramya II GCM
8. Professional Development Director- Rtr. Huwaydah III BA
9. International Service Director- Rtr. Hafsa II BBC
10. Sgt At Arms- Rtr. Amatullah Safiya II NCB

No of Student (outreach) Volunteers-80

Summary:

No of Outreach Events in 2020-21 till date : 19

No of Events reaching out to Community-01

No of virtual events -18

Total number of beneficiaries-300 to 400 Approximately

Areas of Outreach-Environment Awareness & Protection, Health Care, Education
& Leadership Development



ACTIVITIES:



1. **EMOJIT- FOR FUN:** Celebrating Emoji Day, Rotaract Club of St. Ann's College organized a fellowship event, calling all the clubs for some quality time inducing fun on July 17th 2020, as a need to connect and socialize during the pandemic and relieve people out of the stress of being in a lockdown. Event spread happiness and smiles to all participants during the lockdown period.
2. **HEPATITIS- A Silent Killer:** On World Hepatitis Day, i.e July 28th a webinar was organized in collaboration with Apollo hospitals, Rotary Club of Hyderabad Central and Dept of Microbiology, St. Ann's College for Women on the theme Hepatitis-A silent Killer making people aware of hepatitis. The session also provided a free consultation to Dr. K. Somashekar Rao, Consultant Gastroenterologist from Apollo Hospitals
3. **AVYAM - Know Your Immunity:** SAHHARA and Rotaract Club launched a yearlong project AYUSHMAAN BHAVA. Under this a week long project from August 1st-7th is designed to make people aware about Immunity. This was carried out in collaboration with Rotaract Club of Hyderabad



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Gachibowli. Immunity plays a very important role in our body and the main reason for our fittest survival. Pandemic time made us to bring awareness among general public more on immunity, its types and how to build it through simple steps. We were able to reach out to a number of other clubs and other audience via our Instagram (IG) account through informative posts throughout the week.

4. **WOMEN'S EQUALITY - A Right more than Fight:** A speaker session was organized with Padma shri. Dr. Shantha Sinha on women's equality and current scenario of it on Women's Equality Day i.e August 26th. Graced by students of St. Ann's College for Women and Interactors from Telangana Yuvathi Mandali the session was very interactive.
5. **VRIKSHAM - A Tree for Future:** An initiative to plant atleast a small sapling on Independence day –August 15th, as guided by parent club Rotary Club of Hyderabad Central was taken up and were able to plant 70 saplings on whole.
6. **KALA - There is Beauty in Everything:** On the eve of world photography day, to appreciate the beautiful art of photography, a photography contest giving a theme inside your home was organized on August 19th 2020. This event was executed to challenge the young and old photographers out there to find and capture the beauty hidden the household things we keep seeing.
7. **THANK YOU TEACHERS:** Teachers hold one in a major positions in everyone's life. As a token of love and gratitude, Rotaractors celebrated this event virtually by creating a video to wish and thank them for their efforts during the pandemic on September 5th 2020.
8. **SHAKTI- Eat Right, Bite by Bite:** Under year long project AYUSHMAAN BHAVA, second week long project designed to make people aware about what nutrition actually is, in collaboration with Department of Nutrition, St. Ann's College for Women from Sep 1-7 (National Nutrition Week). The pandemic has no doubt messed up our eating schedule and our eating habits, but at the same time, not many people are aware about eating disorders and malnutrition. This event was executed so as to aware people of right nutrition



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and on how to make proper healthy choices in terms of nutrition. Reached out to a large audience through our IG page and facebook page.

9. **SUICIDE PREVENTION DAY- Helpline Podcast:** Sep 10th being Suicide Prevention Day , Rotaract Club of St. Ann's College launched a helpline podcast making people aware about Mental Health. Quarantine period has resulted in many people losing their mental stability and health. A podcast was launched, to reach out to everyone in need of help , to everyone who's alone , to everyone who needs motivation and will power to live through spotify and anchor.
10. **THE ART OF PAPER BAG MAKING:** On Paper Bag Day, a workshop was organized on how to make a paper bag with Ms. Nagavani from Mugdha Crafts as the resource person. A competition was also conducted post-event. More than 50 school kids participated in the session and competition. The art of recycling and use of ecofriendly products was the major objective to be inculcated among the school kids. It was an amazing and creative session. The students not only learnt how to make a paper bag , but they also learnt that paper bags are good alternative against harmful plastic bags
11. **QUIZ TIME:** As part of environment awareness and protection , on the eve of Ozone day (Sep 16th), a quiz was organized in which there were questions about ozone layer and its depletion. It was also circulated to interactors and reached more than 130 people certificate of achievement was given to those who scored 90% and above. Our purpose to conduct a quiz on ozone, for ozone day is to gain knowledge on ozone depletion so as to work for a better tomorrow, for a better future.
12. **INVESTORS AWARENESS PROGRAM:** Rotaract Club of St. Ann's in association with Knowise Academy with Ms. Namrata Arora as speaker organized an investor awareness program on Sep 20th. It is to raise awareness in people regarding early investments, SIP, equity, etc. To educate ourselves about



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investment as a young individual, would help us in the future to make the right choices when it comes to saving or spending money.

13. **MOVIE TIME:** Recognizing Rose day, to understand the struggles that cancer patients face and their emotions, Outreach unit along with Rotaract Club of Osmania Medical College, screened a movie "Letters to God" on Sept 22nd to empathize with struggles of cancer sufferers.
14. **LEARN THE SIGNS:** Recognizing International Day of Sign Languages on Sep 23rd, in association with Deaf Enabled Foundation (DEF), organized a session teaching sign languages to all. The session was interactive and interesting. All the people who attended the session are now able to understand and correlate with sign language basically.
15. **YOURS ANONYMOUSLY:** Celebrating World Post Card Day, Rotaract Club of St. Ann's organised a project Yours Anonymously, A fun way to celebrate postal day by writing a secret message to someone anonymously on October 09th, 2020.
16. **HANDWASH DAY:** On International Handwash Day i.e October 15th, Rotaract Club of St. Ann's and Department of Microbiology, St. Ann's College organised a session on Handwash including Quiz, JAM talk etc with Interactors from Telangana Yuvathi Mandali, BBR school and girls from Bridge course camp, MV Foundation Chandrayangutta as target group.
17. **ITS ALL IN YOUR HANDS !:** On International Handwash Day, Rotaract Club of St. Ann's and Department of Microbiology, St. Ann's College organised an online poster making, painting and slogan writing competition. More than 50 people participated in competition. Students from Telangana Social Welfare School, Medchal and Bridge course camp, MV Foundation, Chandrayangutta & Telanaga Yuvathi Mandali participated.
18. **APOLLO STROKE SYMPOSIUM:** Rotaract Club of St. Ann's in association with Rotary Club of Hyderabad Central, Department of Microbiology, St. Ann's



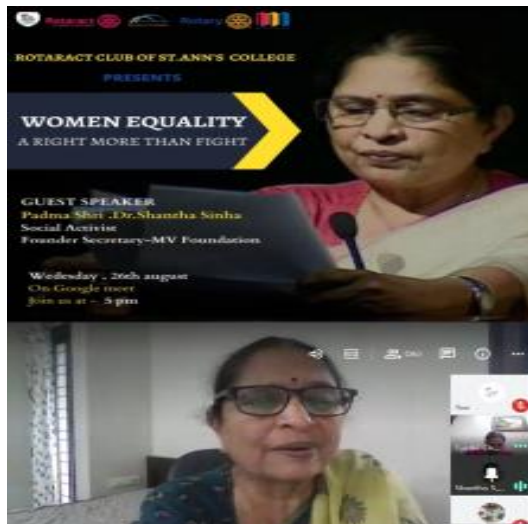
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College and in collaboration with Apollo Hospitals conducted a live session on Delivering the Best care for stroke Patients through Artificial Intelligence on Oct 29th,2020

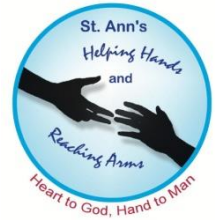
19. **BE THE PRIDE**: On the eve of International Women's Day ,March 8th,2021 Outreach unit has taken up the opportunity to thank all the auxiliary staff of our college for their untiring efforts, committed and dedicated work. All the auxiliary staff were awarded a certificate of appreciation with a small token of love from the volunteers.

Awards: Rotaract Club of St. Ann's received **Best Club Service Project Award** in Twin Cities Regional Meet organized by Dist Rotaract 3150.





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Environment Awareness & Protection

THE ART OF PAPER BAG MAKING

VRIKSHAM-A TREE FOR FUTURE

QUIZ TIME ON WORLD OZONE DAY

Education

AWARENESS PROGRAMS
 Investor Awareness & Sign Language Awareness Sessions

HELPLINE PODCAST- Suicide prevention Day

ATHULYA - Unleashing the Unique
 A project framed to make people aware about some facts that studies shown about Lefthanders.

AYUSHMAN BHAVA

Project on Nutrition & Immunity Building

HAND HYGIENE AWARENESS
 Activity Based & Poster Competition

Interactive Sessions on Financial Planning & Ethical Consumption

BE YOUR OWN LAKSHMI!
 A VIRTUAL FINANCIAL LITERACY WORKSHOP

11 MAY, TUESDAY
 4 PM ONLINE

'SHIKHA MITTAL'

• IIT DELHI RESEARCH
 • FINANCIAL LITERACY WORKSHOP
 • IN PARTNERSHIP WITH
 • PRESENTED BY
 • FACILITATED BY
 • MENTORED BY

ETHICAL CONSUMPTION

• JOIN US ON GOOGLE MEET ON THE 10TH OF JUNE, FRIDAY.

• 10th June Friday
 3:00 PM
 • 10th June Friday
 3:00 PM

PLAN YOUR WEALTH WHEN IN GOOD HEALTH

DR. KAVITA RAO

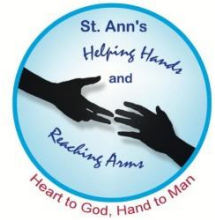
- Gold Medalist Economics
- Assistant Vice President PVT Inst.
- India's Topographical Women Award Winner (2015)

• 10th June (SAT)
 3:00 PM
 • GOOGLE MEET



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Health Care

AWARENESS SESSIONS
 COVID -19, Black Fungus, Nutrition Post Covid, Breathing Exercises, Mental & Physical Health, Hepatitis etc in collaboration with reputed health care organizations/institutes

Leadership Development

Installation of Cabinet, Training sessions, Interactive sessions, Workshops, Youth Exchange Programs

Club & Individual Awards & Recognitions



- ❖ ROTARACT DISTRICT 3150 REGIONAL MEET
- BEST CLUB SERVICE PROJECT
- ❖ RODA DISTRICT AWARDS
- BEST INTERNATIONAL SERVICE PROJECT- UTSAVAM
- ❖ RODA DISTRICT AWARDS
- BEST PROFESSIONAL DEVELOPMENT
- PROJECT CO-HOST CLUB - MBA IN
- COVID WORLD
- ❖ RODA DISTRICT AWARDS
- BEST CLUB PROJECT - VRIKSHAM

ROTARACT DISTRICT ORGANIZATION
Rotary International District 3150

CERTIFICATE OF APPRECIATION
IS AWARDED TO

Rtr Jessica Vevina

YOU DID AWESOME!

IN RECOGNITION TO YOUR EXEMPLARY VOLUNTEERISM IN SINGHEERAM - DISTRICT CONFERENCE HELD ON 05TH & 06TH MAY 2021.

WE THANK YOU FOR YOUR CONTRIBUTION AND CELEBRATE YOU AS NOBLE HUMAN TOWARDS THE SOCIETY.

Rtr Sindhara Pubbettay
District Rotaract Representative

ROTARACT DISTRICT ORGANIZATION
Rotary International District 3150

CERTIFICATE OF APPRECIATION
IS AWARDED TO

Rtr Hafsa Shoeb

YOU DID AWESOME!

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Rtr Sindhara Pubbettay
District Rotaract Representative

ROTARACT DISTRICT ORGANIZATION
Rotary International District 3150

CERTIFICATE OF APPRECIATION
IS AWARDED TO

Rtr Alekhya vuyalla

YOU DID AWESOME!

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Rtr Sindhara Pubbettay
District Rotaract Representative

ROTARACT DISTRICT ORGANIZATION
Rotary International District 3150

CERTIFICATE OF APPRECIATION
IS AWARDED TO

Rtr Beulah Blessy

YOU DID AWESOME!

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