



ACTIVITIES CONDUCTED:

1. Field visit to Erragadda Institute of Mental Health

The Department of Psychology, St. Ann's college for women, organized a field trip on 14th march 2022 to Erragadda Institute of Mental Health. The students received a set of instructions on the ethical code of conduct and the whereabouts of the mental hospital. The students enjoyed the learning experience while they had live observations and interactions with various patients with different disorders. They visited the Criminal ward, enclosed Male and female wards and regular inpatient ward. They also attended a short lecture on clinical disorders by superintendent of Erragadda institute of mental health.





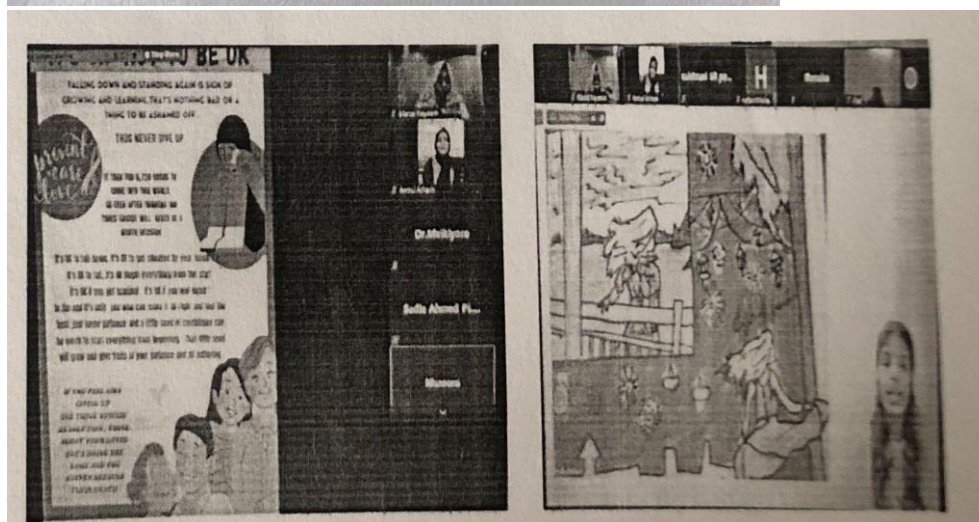
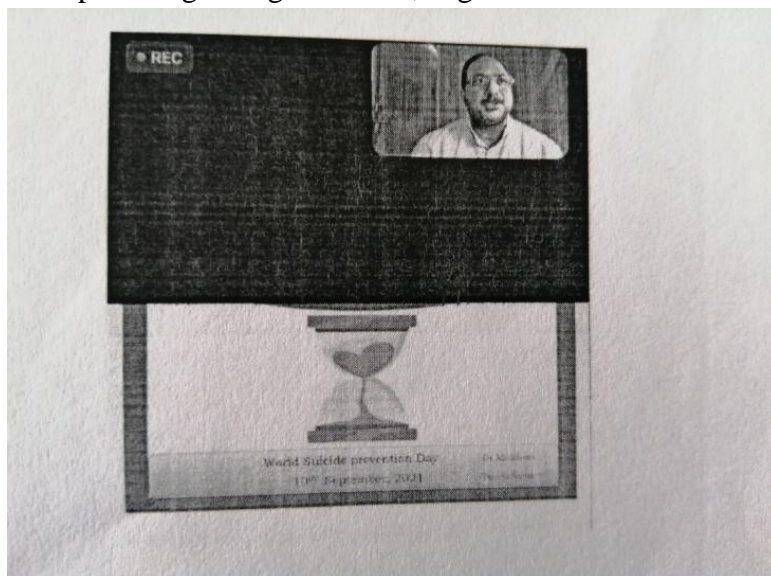
2. AWARENESS ON STILL LIFE: SUICIDE PREVENTION DAY

The session was conducted on 7th Sept 2021 on zoom platform at 11 am.

The **first speaker** was introduced, Ms. Elena Ivanchikova. Through her presentation she gave the audience glimpse of suicide through Jungian perspective & approach. Soon after the presentation students participated in poem reading, essay & a classical dance video was shown.

The **second speaker** was introduced, Mr Srikanth. He gave an insight into the terminology used by a person who is suicidal, magnitude of the problem, how to recognise & how to help.

The **third speaker**, Mr Melkiyore discussed about the external factors leading to suicide attempt among college students, cognitive internal factors & CBT.



Counselling sessions were conducted from August, 2021 to February, 2022, with students coming forward to share their issues and assured confidentiality through the academic year . ***